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THURSDAY, JUNE 18TH, 2009

TRUST CONFIDENT OF £60,000 BACKING FOR TOWN WALLS

HOPES are rising that the money needed to complete the repair of the Cowbridge Town walls will be provided by the Vale Council.

The Cowbridge Charter Trust, which has been restoring the walls under an agreement with the council, has requested £60,000 to complete the work.

Chairman Luke Millar wrote to the cabinet asking them to provide the funding because part of the walls, which are owned by the council, has collapsed near the Market Tavern.

The trust has been in negotiation with the council's own conservation staff and local stone-masons about the work that is needed, and have had it priced at £60,000. "This is substantially less than the sum put forward by consultants some years ago when the coun-

cil had a report done," he said. At that time, the work was estimated at about £400,000 - so we are offering real value for money to the council.

"These walls are listed and they have to be repaired. We hope that the council will take up this opportunity to get the work done."

The issue was due to come before cabinet two weeks ago, but was postponed.

"The officers have been very supportive and we have worked closely with their conservation staff," he commented.

"We have been able to use volunteers to do some of the work and we also had an arrangement with Parc Prison, under which some of their inmates were taught lime mortaring skills so that they could do the work for us."

"Unfortunately, the rules changed and it was decreed that all prisoners coming up for release must go to an open prison first, and the nearest one

REPORT by JAYNE ISAAC

is at Usk. We have been in touch with the prison there, but it was too difficult to arrange to transport the prisoners to Cowbridge to do this work for us."

Mr Millar said it was a shame, as the prisoners enjoyed the work and interacted well with local residents and trust members.

"At least one of them has gone on to get a job using his new skills. It was a chance to teach them a worthwhile skill which is in great demand at the moment."

Mr Millar reported that everything was ready to go once the money was approved.

"We have already had listed building consent to carry out this work and we have appointed a very experienced consultant. We also have stonema-

sons we can appoint who are approved to do this type of work."

He said that the work needed would finish off the walls from the South Gate west to the corner bastion and then north to the back of the Market Place Tavern.

"We want to get this work done this summer, as we need to stop the frost from getting into the holes in the walls because of the damage it does."

The trust is also involved in the project to upgrade the grounds at Old Hall, and plans to upgrade the gardens are currently on display in the library.

The grounds are owned by the Vale Council, although uncertainty exists over the future of the health centre, which is being replaced by a new building elsewhere.

Luke Millar said: "This is owned by the Cardiff and Vale NHS Trust and has quite a large amount of ground

around it. We have no idea whether this building will go for a different use or whether it will be demolished.

"It is a 1970s structure, which is not in keeping with its surroundings at all."

The trust is hoping to be granted a land management agreement with the Vale Council to take over responsibility for Old Hall grounds.

It will then be able to apply for grants to get the work done, which includes some work to the walls.

Rebecca celebrates her 100th birthday

A CARD FROM HER MAJESTY!

RIGHT:

When you were one of 13 children born in Llanblethian 100 years ago, it is safe to say that quite a few people in Cowbridge know you - or at least knows someone related to you.

Read Rebecca Jenkins' fascinating story on page 3 - and how she had a special birthday visitor on her birthday.



Mystery deaths

POLICE are investigating the suspicious death of a 40-year-old woman who was found dead at an address in Bishopwood, Brackla, Bridgend, on Tuesday evening (June 16).

As a result of further enquiries, at 1.40am on Wednesday, officers went to Heol Gadlys, Litchard, also in Bridgend, where the body of a middle-aged man was found.

A police spokeswoman said: "HM Coroner has been informed, and the bodies have not yet been formally identified. Enquiries are continuing."

Mum's shock after water balloons attack

by TIM CHAPMAN

A YOUNG Cowbridge mum with a week-old baby in the back of her car says she almost crashed over the weekend after youngsters threw water balloons at the vehicle.

Sophie Hansen, aged 20, was driving through the town on Saturday evening with her son Evan when the objects hit the car.

Sophie said: "It was 8pm and there were three young boys standing on the steps beside the bridge as you enter Cowbridge, throwing water balloons at passing vehicles."

"Two balloons hit my back window with a huge thud. They nearly made me crash. The sound was so loud that at first I thought they were throwing cans of drink."

"I was forced to slam my brakes on and screech to a halt. What made it worse was that I had my week-old baby in the car with me. He was so scared he screamed all the way home."

Sophie said it was possible the youngsters didn't realise the seriousness of their actions, adding it would have been helpful if the police had been on hand.

"Someone should tell these boys just how dangerous what they were doing was. I'm sure it was just a game to them, but it could have had

serious consequences.

"I went straight to Cowbridge police station, just a few hundred yards down the road, to find no-one there."

"With all the changes they are trying to make with new community support officers, you'd think someone would be at the station on a Saturday night."

Sophie says there should be a mobile phone number for local PCSOs so they can be contacted quickly.

She added: "There was nothing I could do but accept what had happened and go home."

"I have to say I don't feel safe in the hands of Cowbridge police now."

Vale operational Chief Inspector Jay Dave said: "Cowbridge Police Station is not a full time station and is open every week day from 9am to 5pm."

"There are always police officers on patrol in the Cowbridge area, and if anyone needs to report an incident or contact an officer, they should telephone 029 20222111."

The operators will be able to alert officers who will be able to attend to the incident promptly.

"I am very sorry to hear about this event, which is naturally very distressing for Ms Hansen, and I hope that she and her young baby were not too upset by the incident."

Anysha's looking forward to Miss Teen Queen final

VALE teenager Anysha Panesar, who lives in the village of Llangan, is to represent Wales in the final of Miss Teen Queen UK 2009.

Anysha, a pupil at St Clare's School, Porthcawl, won an online poll to take her through to the final, which will be held in August.

She told The GEM: "It is great to be the first Welsh finalist - now I've got to start preparing for the big day in London on August 13."

Anysha polled a total of 3,356 votes and was 337 votes ahead of the second placed girl.

She was originally scouted for the competition when she was on a school trip to the 'Clothes Show Live' at the NEC earlier this year.

In the final, Anysha will have to turn on the style in a walk down the catwalk, and show her confidence by answering questions prepared by a panel of judges.

Her pink evening gown for the final has been specially made for her by designer Carry O'Neal at Regalia, in Orlando, America. Carry and his partner David dress Miss USA, Miss Teen USA and most of the state queens.

Although Anysha found fame on the popular MTV show *My Super Sweet 16*, which films amazing parties across the country, her main interests are outdoor activities such as motorbike riding and horse riding. Last year she was at the Horse of the Year Show on her pony, *Sannan Valley Supreme*.



Anysha is the first Welsh girl to qualify for the Miss Teen Queen UK final.

VANDALS SET UP BARBECUE ON SCHOOL CRICKET PITCH

AN artificial cricket pitch, laid down through the fundraising efforts of parents and friends of the Cowbridge Comprehensive School, has been damaged by vandals.

The damage was discovered on the weekend, when the Cowbridge Cricket Club third team, which also uses the lower

school pitch, arrived to play and found that a barbecue had been set up on the pitch, and that the surface had been damaged.

Neil Thomas, head of sport at the school, told The GEM that the situation was being assessed, and that it was too early to say what the repair bill might be.

He said: "Fortunately, the damage is halfway down the pitch, and it will not stop games

going ahead in the immediate future.

"However, it is bound to shorten the life of the pitch, and lead to a repair bill that could have been avoided."

A spokesman for Cowbridge Cricket Club urged anyone who could offer information, or who might see a similar incident in the future, to contact the police.

July | Goffarnaf 9-25 2009



Paul Robeson Prom
An Evening with Sir Willard White
Tuesday 21 July at 7.30pm

Paul Robeson was revered in his lifetime as an athlete, actor, cultural scholar, activist, political activist and, most of all, as a singer of rare gifts. Sir Willard White makes a return to the Welsh Proms to pay tribute to this great figure with a selection of Negro spirituals, Russian songs, British folk song and early jazz songs.

Band Prom
Orchestra of Welsh National Opera
Wednesday 22 July at 7.30pm

The evening will be hosted by Honor Blackman who famously played Pussy Galore in Goldfinger. Carl Davis has a license to thrill as he and the Orchestra lead you through the hit James Bond films from the original Dr No theme through to Casino Royale via Goldfinger, From Russia With Love, and many other Bond Classics.

Children's Prom
Cardiff Philharmonic Orchestra
& Brian Blessed
Saturday 18 July at 11.00am

Heilau! Tether up your horse and get along down to St David's ranch for a morning in the Wild West. Things look like they're gonna get pretty wild with shrewd Elmer (Blessed) and bad-as-sinister Michael (Bull) in town. Hecken you'd better back now.

St David's Hall
029 2087 8444
www.stdavidshall.co.uk

Proving how kind young people are

MY sons, who are very protective of me, have asked me not to get the rubbish ready for collection.

But it is very hard to accept that we are too old to do these things now. So yesterday (June 11), I started sorting the garden recycling. Sure enough, down I went. Luckily for me, I fell on the green bag which was full of grass.

But once down, I am unable to get up without help.

I managed to get in a sitting position, then tried to draw attention to myself by yelling 'help' quite loudly.

After a short while, some young lads aged about 12, were passing and heard me. They came up the path to

help.

I asked them if they would go next door to get my neighbours, as I thought they were too young to lift me.

They were on their way next door, when a young lady going past saw me on the path and rushed to help, putting one arm around my back, the other under my arm, while I pulled on the fence with my right arm.

I was soon on my feet, very happy, if a little shaky.

I did thank these young lads and young lady, but I am so grateful and I wanted others to know just how kind young people are.

Needless to say, I will not be getting the recycling sorted anymore; I have promised my sons! Mrs M Knight, Barry

Pupils' great efforts during charity walk

ON behalf of Christian Aid, can I thank the pupils of Cowbridge Comprehensive School, who turned out in such good numbers to support the school's second annual charity walk in support of Christian Aid?

This year, the pupils walked from the school to Llancarfan Church (on Saturday, May 11) and raised £1,567.18.

A big thanks also to the staff and parents who acted as marshals and first aiders, and also to The GEM for featuring the pupils' efforts a few weeks back! Well done everyone - we doubled what we raised last year!

Glyn Austin (RS teacher, Cowbridge School)

On the subject of expenses...

WITH the media brimming over with accounts of Members of Parliament and their expenses, I humbly offer three quotes for their consideration:

Gladstone: "Nothing that is morally wrong can be politically right."

Voltaire: "No snowflake in an avalanche ever feels responsible."

Emerson: "The louder he talked of his honour, the faster we counted the spoons."

Need any more be said?

Christopher Pickering, Barry

See more letters on page 6

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WARNING TO LLANTWIT AFTER RHOOSE'S LOSS OF INDEPENDENT VOICE

'Look before you leap into the Vale'

IHAVE read with interest the recent letters concerning Llantwit Town Council and its potential demise, particularly that of B Davies who suggested "perhaps we should emulate Rhosee and remove one of the many tiers of representation we have to pay for." (The GEM, May 28).

As a resident of Rhosee before, during and after the existence of Rhosee Community Council, I urge the citizens of Llantwit Major to 'look before you leap'.

Rhosee gave up some £100,000 in assets to the Vale Council and, just as importantly, lost its independent voice.

Rhosee Community Council

fought successfully for many years against substantially enlarging the village with new build.

After its demise, Rhosee Point was built and the promises of a new school were quickly forgotten.

Rhosee Community Council's ambitious plans to improve facilities for the youth of the village were never taken up by the Vale and recently, The GEM has contained letters of complaint about teenagers hanging about and an increase in vandalism and graffiti etc in the village.

Porthkerry Cemetery, which was beautifully maintained by a part-time handyman under Rhosee Community Council, is now untidy and poorly maintained.

You only have to look at Wenvoe, which retains its community council to see how new

build has been restrained.

There is a sense of community and pride in the village. Open spaces and plays areas are beautifully maintained. The community council in Wenvoe is currently campaigning against dualling Port Road for airport access, and no doubt will be successful.

I personally believe party politics should not have a role at community and town council level. Candidates should stand as independents and the objectives and concerns of the community itself should have priority, not petty political arguments and party loyalty.

Citizens of Llantwit, by all means get rid of the councillors but retain the council. Organise yourselves and stand as independents, to serve and protect your community. 'Don't throw the baby out with the bathwater.' Mrs Carol Goodway, Barry

BNP says it does not deny Nazi Holocaust happened

IREFER to various letters in The GEM on June 11, concerning the British National Party.

Rob Curtis once again resorts to innuendo and outright untruths to smear the BNP.

I would point out that the BNP does not deny the Holocaust, and recognises the suffering of the Jewish people at the hands of the evil Nazi regime.

The BNP is not anti-semitic and indeed has Jewish members.

Instead of self-righteously condemning the BNP, Mr Curtis should perhaps take time to reflect upon the 179 British service personnel, and the thousands of Iraqi civilians, killed as a result of his own party's illegal war.

In response to Dahlian Kirby and Andy Clarke, I would say that no rational person, and certainly not the BNP, thinks ill of anyone based solely on their

race or ethnicity.

Every individual, whatever their origins, is entitled to dignity and respect.

Regarding immigration policies, the BNP believes that all illegal immigrants and foreign criminals should be deported from Britain.

However, all law abiding, legally settled immigrants have the same residence rights and responsibilities as any other citizen.

The voluntary repatriation scheme referred to by Mr Clarke was not invented by the BNP.

It was introduced by the Heath government in 1971, and has been used by successive governments since.

The immigration issue is not about individuals. It is about numbers. Uncontrolled immigration has become colonisation, resulting in the displacement of the native population from large areas of many cities and towns, to the extent that many British people now feel they are strangers in

their own land.

This is as unacceptable in Britain as it would be elsewhere in the world. I am quite sure that the people of Islamabad, Delhi or Warsaw would not tolerate such a situation for a minute.

The BNP stands for a British nation whose identity is based overwhelmingly on the indigenous cultures of

the British Isles.

For our nation to survive, there needs to be an end to mass immigration and to the large scale importation of alien cultures, which can only undermine our sense of national identity, and the social cohesion which has sustained our nation throughout its history. Laurence Reid, Singingstone

HIGH TIDE TIMES

(UNTIL JUNE 25)

The high tides listed in The GEM are those in Barry. It should be remembered that along the coast, high tide times will vary. For instance, in Porthcawl, the high point will be 15-20 minutes earlier.

DATE	Time AM	Ht M	Time PM	Ht M
18 Thur	02.47	12.3	15.14	12.3
19 Fri	03.54	12.6	16.26	12.7
20 Sat	05.02	13.0	17.28	13.5
21 Sun	06.01	13.7	18.25	13.9
22 Mon	06.59	14.0	19.22	14.3
23 Tues	07.52	14.3	20.16	14.8
24 Wed	08.49	14.7	21.10	14.8
25 Thur	09.44	14.8	22.02	14.9

USEFUL VALE INFORMATION

CRIMESTOPPERS 0800 555111
(Emergency number 999)

COASTGUARD 01792 366534

FLOOD LINE 0845 9881188

HELPLINES

Alcohol and drugs:

Drinkline 0800 9178282

National Drugs Helpline 0800 776600

DASH 01656 650686

SSAFA - Forces Help for serving and ex-service men, women and families 01656 785435

RAF Association Welfare Officer

01495 249522/01446 740522

SAMARITANS (emotional support)

01656 662333

VALE WOMEN'S AID 01446 744755

MENTAL DISTRESS

(Mental Health Matters) 01656 767045

Mental Health Helpline:

Freephone 0800 132 737

MIND in the Vale of Glamorgan

01446 730792 or www.mindinthevale.org.uk

CHILDLINE 0800 1111 -

www.childline.org.uk

Rape Crisis Centre 08451 221331.

RSPCA 0300 123 0744. MIND 01446 746191.

AIDS helplines 0800 567123.

Child abuse - NSPCC 0800 800500.

Alcoholics Anonymous - (24 hours) 0845 7697555.

Drug Aid (24 hours) 02920 881000.

Inroads Drugs Project - 42, Holton Road, Barry. 01446 404040.

Vale Vicar & Witness Support -

Barry Magistrates Court, Thompson Street, Barry CF63 4SX. 01446 730704.

MP & AM'S SURGERY TIMES

To make a surgery appointment with John Smith MP, contact the constituency office (01446) 743769. Office hours are 9am-5pm. Answerphone service outside office hours.

To make a surgery appointment with Jane Hutt AM, contact the constituency office (01446) 740981. Office hours are 9am-5pm. Answerphone service outside office hours.

Citizens Advice: At 119 Broad Street, Barry. Office opening times vary throughout the week. Telephone 0845 120 3756 between 10am and noon for details. Further information on www.adviceguide.org.uk

EMERGENCY SERVICES

Police - Gladstone Road, Barry; for normal service 01446 734451; in emergency 999. Fire - South Wales Fire and Rescue Service, Pontyclun 01443 232000; in emergency 999. Coastguard - Regional Office, Swansea 01792 366534; in emergency 999. Gas - Gas emergency number 0800 111999.

Electricity - Emergency 0800 0520400; Water - Emergency 0800 052 0130; supply 0800 0520130. Trading Standards Consumer Advice Centre - Civic Offices, Holton Road, Barry; hours of opening for telephone enquiries - Monday to Thursday, 8.30am-5pm; Friday 8.30am-4.30pm on 01446 709105. For personal visits, Monday to Thursday 9am-4.30pm. Friday 9am-4pm. Recycling Hotline - 02920 673000.

To report a fly tipping incident - 02920 673000.

HOSPITALS

The Barry Hospital - visiting 2pm-8pm each day, 01446 704000. Llandough - Wards have individual visiting times. For details call 029 2071 1711. Princess of Wales - 01656 752752/668090.

For Out Of Hours Chemists, call the Vale of Glamorgan Local Health Board on 02920 350600, or NHS Direct Wales on 0845 4647.

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Surprise, surprise as Rebecca celebrates her 100th birthday!

A WOMAN who was born in Cowbridge 100 years ago recently celebrated with the traditional card from The Queen – and a surprise visit from a famous family.

Rebecca Jenkins was born in Greenfield Terrace, Llanblethian, one of 13 children, although two died quite young. Many of her brothers and sisters have stayed in the area, leaving her with many ties to the Vale.

However, when Rebecca was just 17, she went into service, initially in London, but later with the Llewellyn family in Abergavenny.

by PHILIP IRWIN

Sir Harry Llewellyn, an Olympic gold medal showjumper with *Foxhunter* in Helsinki in 1952, was the head of the family, and Rebecca became nanny to his children, including his sons, Dai and Roddy.

In fact, on the afternoon of her birthday, there was a surprise visitor for Rebecca – Roddy Llewellyn himself, together with other family members who had been nannied by her, and some of their children.

It was only two years ago that Rebecca moved into Heathfields Residential Home in

Bridgend. When she retired from nannying, she lived once again in Llanblethian, staying at her home until she was 98.

The GEM visited Rebecca on the morning of her 100th birthday, when she was with her niece, Ann Clark, and her younger brother, Bert, who is a mere 91. Ann and Bert both live in Porthcawl and pop in to see Rebecca regularly. Ann told the GEM: "She was always very independent, and she is still bright and alert in the home."

Bert and his family lived in Aberthin, and he worked in the Post Office in Eastgate, Cowbridge, for many years, before he moved to Porthcawl.

Some years ago, when she was still living in Llanblethian, Rebecca was interviewed by the late Jeff Alden of the Cowbridge Record Society for one of its books (*Cowbridge and District Remembered, 1900 - 1950*).

In that book, she recalled her life as a nanny for a series of prominent Vale families, as well as for the Llewellyns. In her time, she had been in service in Llandough Castle and Penllyn Castle.

Her father Thomas W Jenkins, worked in the Verlands for the John family, and later took a post as head groom with the Glamorgan Hunt.

The day before her birthday, she had a surprise visit from the Mayor of Cowbridge with Llanblethian, Coun Jon Harris, who told the GEM: "She was a well-known Cowbridge citizen, so I took a birthday card on behalf of the people of Cowbridge."

"Her brother used to be the mace bearer with the town council."



ABOVE: Five of the Jenkins children (clockwise from left): Peggy, Rebecca, Dora, Tom, Bert.



LEFT: Rebecca Jenkins with niece Ann Clark and brother Bert (aged 91).

Photographs by MANDY THOMAS.



ABOVE: A young Rebecca with her father, Thomas W Jenkins, in Llanblethian.

Cowbridge man's veteran's badge



ABOVE: MP John Smith presents William Looker with his veteran's badge.

Vale MP, John Smith, is pictured above, presenting William Looker of Broadshoard, Cowbridge with the UK Armed Forces veteran's badge in recognition of his service to the Royal Navy, which included the Suez conflict.

Mr Smith said: "I'm pleased that William Looker's service to the country is visibly recognised through the badge. I was delighted to have been able to help him get his much deserved badge".

Chinese musicians come to the Land of Song!

ON Friday, June 12 two Chinese musicians presided over a music workshop at Cowbridge Lower School.

Pupils from Y Bont Faen primary school were also present for what proved to be a fascinating day. Cheng Yu and Wang Xiao, two London-based musicians, spent the whole day sharing their enthusiasm and expertise with local pupils.

Pupils were taught how to follow Chinese rhythms on their own percussion instru-

ments, as well as being taught how to sing some simple Chinese songs.

Cheng Yu was amazed that the pupils picked up the Chinese songs so quickly. Amazed that is, until it was explained to Cheng Yu by Mrs Julie Williams one of the music teachers at Cowbridge Comprehensive, that children growing up in the Land Of Song have a natural advantage in this department!

The visitors also played their own instruments to the pupils. Cheng Yu played a

Chinese lute called a *pipa* and Wang Xiao played an *erhu* – a Chinese violin with two strings.

Cheng Yu has performed with folk and jazz musicians all over the world and some years ago toured with the company that performed *Damon Albarn's, Monkey: A Journey to the West*.

The visit was planned by Cowbridge Comprehensive in response to a Welsh Assembly Government initiative to link Welsh schools to schools in China.

60th wedding anniversary

DES AND JEAN JOHNSON of Llantwit Major recently celebrated their 60th wedding anniversary with family and friends at West House.

They received many cards and good wishes, including a greeting card from The Queen.

Under-12s' trial

COWBRIDGE Town AFC under-12s are holding a mini trial for next season at the Bear Field on Saturday, June 27, 11am - 1pm.

For further information, contact Iwan via email on iwan.llion@lansecure-it.com

Noise problem

ONCE again, residents of Treoes village are being disturbed by noise from the Waterton Industrial Estate.

A village resident, who wishes to remain anonymous, has reported the problem to the appropriate authority and a site visit identified a problem with stacked containers.

Ruthin Chapel I AM sure everyone

The craft hobby that grew into a successful business

AT the monthly meeting held on June 8, 19 members and five visitors enjoyed an interesting talk and demonstration, given by Emma Hall of Colwinston.

Emma started jewellery craftwork as a hobby and it now takes up a substantial amount of her time in selling via craft fairs and jewellery house parties. She has now expanded into making wedding hair creations and wedding party décor. She demonstrated with deft skill the creation of bracelets and necklaces.

The business of the

NEWS FROM COLWINSTON AND LLYSWORNEY W

meeting continued with chairperson, Kath Jones, reading her report of her visit to the WI conference and annual general meeting at the Albert Hall, London.

Following the formal business at the Albert Hall, several guest speakers spoke on a variety of topics but the highlight came for many when Richard Stilgoe introduced the Orpheus Apprentices.

The Orpheus Centre is a performing arts school for disabled young people, four of whom were with him to perform poems and songs that



COMMUNITY NEWS

LLANBETHYRY & LLANCAFFAN
Your community correspondents are Sam & Patsie Smith on (01446) 751448

Petanque

A REMINDER that the Ruth Watts memorial competition will take place at the Village Petanque Piste on Sunday, June 28, at 1.30pm. Entry is £1 per head with teams of three.

Whist drive

THE Llancafnan Society is holding a whist drive at the Village Hall on Tuesday, June 30, at 7.30pm. Admission is £1 and there will be prizes, a raffle and refreshments.

OBITUARY

Mr David Llewellyn (formerly of Colwinston)

FAMILY, friends and neighbours during the past weeks. Kathleen and Tony would like to convey their sincere thanks to the nursing staff at Port Talbot Hospital, the Rev Peter Leonard, and Brian Thomas the funeral director, and to Gale Armitage for the beautiful flower arrangements.

Please send donations to Velindre Hospital, and sincere thanks for those already received.

To David's children Mark, Ian and Catherine, you are in everyone's thoughts at this sad and unhappy time.

NANCY DAVIDGE



COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL
Your local correspondent is Nancy Davidge, "Itynewydd", Llangan. (01656) 860303

who has been concerned regarding the chapel will be pleased to hear that I have been contacted by the owner, James, with news he is applying to the Vale Council for planning permission in July.

Reminder TOMORROW evening (June 19), a concert will be given in St Canna's, Llangan, by the Minnesingers.

Tickets £5, to include a raffle. If you have not bought a ticket, pay at the door.

Charge them that are rich in this world, that they be not high minded, nor trust in uncertain riches, but in the living God.

1 Timothy 6:6-17

(Cowbridge Christian Fellowship)

PRIMARY SCHOOLS CLUSTER PROVES COWBRIDGE HAS PLENTY OF TALENT!

COWBRIDGE Community Focused Schools recently organised a cluster talent show for all the schools in the Cowbridge area.

In total, seven schools took part – almost 100 pupils – to contribute to a wonderful talent show at Cowbridge Leisure Centre, with a variety of different acts on stage.

The Talent Show was a not-for-profit event aimed at bringing the schools in the cluster together as part of the transition process, offer information and highlight services in the Vale to parents; and to also celebrate the talent that our schools have to offer.

Lizz Shaw, who organised the event, as the Community Focused Schools Cluster Coordinator for Cowbridge and came up with the idea of a cluster talent show after consulting with pupils in local primary schools, reports:

This was a real example of a Community Focused Schools event, as it brought together schools, parents, local businesses, community groups and partners.

Partners were invited to have information stands around the edge of the hall to highlight and promote their service. These included Adult Education, Safer Vale, Vale Library service, play workers and sports development. Children and parents were encouraged to visit information stands in the interval and after the show.

The Cowbridge Fairtrade group were also invited to serve a selection of Fairtrade refreshments. This was very successful, with the group selling tray bakes of chocolate, ginger and lemon cakes, as well as selling teas and coffees.

By working in partnership with the Fairtrade group, Cowbridge Comprehensive School were able to apply for Fairtrade Schools status (decision to be made at the end of the summer term). Lizz thanks the group for their hard work and support over the year she has been in post.

A number of VIPs were invited to the show: Jane Hutt was in attendance in her role as Minister for children, education, lifelong learning and skills. Also attending were the Mayor and Mayoress, Mr David Morris and Lorraine Pointon-Bell, and the then Mayor-elect and Mayoress-elect, Mr and Mrs Jon Harris.

There were about 230 parents, friends and community members in the audience. Donations on the door and raffle tickets helped to cover the costs.

Local businesses and shops donated prizes for the raffle. Cowbridge Rotary Club also gave support. The schools involved also made a contribution towards the hire of the leisure centre.

Pupils from year-7 at the Comprehensive school volunteered to be 'young helpers' on the night and were very useful in looking after primary school pupils, helping with squash and biscuits for the children and taking photographs.

It enabled the year 6 primary school pupils to meet some older pupils who they will see in September.

The show kicked off with St Bride's school's 'Pantomania' which centred around a Cinderella theme and involved all the year-6 pupils at St Bride's who had the audience in stitches!

Callum Howell, who played the role of 'Buttons', from St Brides Church in Wales Primary School was the compere for the evening and did an excellent job, along with 'Tessie and Bessie' the ugly sisters!

Up next was 'A Spoonful of Mary Poppins' by St David's Church in Wales School, who had the audience singing along to a mixture of scenes from Mary Poppins.

Act 3 was 'The Glamour Girls' from Llangan Primary School, who sang Taylor Swift's 'Love Song'. The four girls, all from year 6, were accompanied only by an acoustic guitar which one of them played. An excellent act from Llangan.

During the interval, young people from the Vale School of Dance demonstrated a short dance routine for the audience, Kath Cooper, from the Vale Play service did a consultation with the primary school pupils about provision of play services in the Cowbridge area.

The second half kicked off with St Nicholas Church in Wales Primary School Gymnastics team. The team of four girls, a mix of ages, performed two short gymnastics routines.

Their hard work and dedication paid off as the audience was mesmerised by their performance.

The fifth act was a modern dance called 'Spooks' from Llanfair Primary School. The year 6-pupils looked fantastic with white painted faces and black eyes and indeed looked rather 'spooky'.

The story involved two girls who are playing, unaware of the 'spooks' around them, and eventually became 'spooks' themselves!

Act 6 was Peterston-Super-Ely Church in Wales Primary School pupils in 'The Cowboy Shuffle'. Again, the 11 pupils made an effort to dress for the part in cowboy and cow-girl type clothing. It was a very dramatic dance, with gun fights, deaths and tears!

Y Bont Faen Primary School was the final act of the evening with another modern dance called 'INSOMNIA'!

The 18 pupils also had painted black and white faces and dressed all in black for a brilliant dance performance.



ABOVE: St David's School, Colwinston, performed Mary Poppins.



ABOVE: Llanfair School's 'Spooks'.



ABOVE: Llangan School's 'Glamour Girls'.



Y Bont Faen's piece was entitled 'Insomnia'.



Town Rotary president's extra £1,000 for hospital appeal



The picture shows club president Bob Wilson with Lyn Jones and Jenny King, practice educator, who conducted the tour. COWBRIDGE Rotary Club president, Bob Wilson, chose the Noah's Ark appeal for the Children's Hospital of Wales as his charity for his year in office.

Last week, a small party of Rotarians with their wives visited the Children's Hospital at the Heath, Cardiff, to tour the unit and to present a cheque for £1,000 to Mr Lyn Jones, chairman of the Noah's Ark Appeal. It was a supplement to the £1,855 previously donated during Bob's presidential year.

The Children's Hospital of Wales was built and equipped using funds raised by the Noah's Ark Appeal and is now operated by the NHS.

The visit included the new "teenage cancer care unit" which opened on May 5 and was also partly funded by the Noah's Ark Appeal.

The charity still has a huge financial target to extend the hospital and replace the original temporary buildings.



St Bride's School were inspired by the pantomime tradition.

RIGHT: The St Nicholas School gymnasts. FAR RIGHT: Vale AM Jane Hutt congratulated the children on their performances.

St Iltyd's pupils lead the way in recycling!



PUPILS at St Iltyd's Primary School in Llantwit Major recently cleaned out their wardrobes – and the huge pile of clothes put aside for recycling stretched up to the ceiling!

The pupils took part in the 'Bag2School' recycling scheme in which they were encouraged to bring not only their own clothes to the school, but also surplus items from friends and family.

The school's ECO committee had the task of sorting everything into bags and – as can be seen from the photograph – they were overwhelmed by the response.

A LOCAL produce market will be held at the Church Hall, St Brides Major, this Saturday, June 20 at 10.30am-1pm.

Various stalls of locally produced items and cookery demonstration by Mat Powell of La lie (Frolics) Southerndown using local produce.

THE St Brides Major Community Council meeting was held at the church hall on Monday, June 8.

A planning application has been received for an extension to the church hall, St Brides Major, for storage purposes. The council raised no objections.

The next monthly meeting of the

COMMUNITY NEWS ST BRIDES MAJOR

Community Council will take place on Monday, July 13, at the church hall, at 7pm. All are welcome to attend.

Girl Guiding UK THE 1st Wick & St Brides Major Brownies and Guides held a photo exhibition at the Village Hall, Wick, on June 11.

All proceeds from the exhibition will go towards building a school for girls in Liberia, West Africa.

It is a lead-in to Guiding's Centenary year and challenges everyone to take action

and change the world we live in.

Jane Hutt AM, visited the exhibition and was shown around by junior leader Catherine Roughly.

The project that Wick & St Brides Major Guides and Brownies have undertaken is 'Learning about the lives of girls in developing countries, compared to their own'.

They have taken photographs showing how they feel about girls in other countries. Girl Guiding in the UK aims to raise £50,000 to build this school.

Hannah Wood represented Wick & St Brides Major Guides and Brownies and others throughout Wales when she joined four other Guides and Brownies from different parts of the UK in London, on May 28.

She visited No 10 Downing Street to hand in a petition to ask the UK Government to remember their promises made at the Gleneagles conference, to provide aid for education in the developing nations of the world – a proud moment for her.

If you would like to know more about 1st Wick & St Brides Major Brownies and Guides, telephone 01656 880471.

Cylch Meithrin Y Bont-faen toddle off to raise cash for Barnardo's!

SHOPPERS in Cowbridge must have wondered what was happening last week, when the traffic came to a short halt for the children, parents and staff of Cylch Meithrin Y Bont-faen to cross High Street safely.

The children were taking part in Barnardo's Big Toddle.

The Big Toddle is the UK's biggest fundraising event for children under 5 and involves almost 200,000 children.

All the money raised goes to Barnardo's locally-based projects helping disadvantaged children under five across the UK. More

information is available on www.bigtoddle.co.uk.

Sixteen 'toddlers' from Cylch Meithrin Y Bont-faen made their way from the Cylch unit at The Boardshoard, up High Street and through to Twt Park.

The group of children, parents and staff stopped for photos at the Physic Garden and then made their way back to the Cylch.

PCSO's Hilary O'Callaghan and Matt Smith accompanied the walkers, and then presented all the children with medals and certificates for taking part.

The children had a fantastic time and raised a substantial sum for Barnardo's.

Thank you to the par-



PCSO Hilary O'Callaghan and Matt Smith award medals.

ents and staff who supported on the day, and all the fantastic family and friends who sponsored our little 'toddlers'.

The Cylch Meithrin Y Bont-faen provides

Welsh medium pre-school education for all children from two years upwards. For further information, contact Amanda Boyd on 01446 776250.

TRACEY SIMPSON



ABOVE: The toddlers pose for a photo at the Physic Garden.

Friends and neighbours bring cheer to charity



LEFT: The ladies get ready to serve...

Picture by HEATHER MARCH

ValePlus volunteers tidy up for the Girl Guides!



ABOVE: The fruits of ValePlus' labour are evident to see!

LOCAL charity ValePlus, which provides lifelong learning and leisure opportunities for people with a learning disability, recently took part in the Environment Agency's Action Earth project.

The scheme provides small grants to support organisations that take part in projects to help improve the local environment. ValePlus has again this year taken part in tidying, weeding and planting a large number of floral displays around the Guide Hall in Llantwit Major.

Angharad Pritchard, the organiser, said: "The group love taking part in Action Earth's projects and this year, even with the poor weather, the experience was enjoyed by everyone."

ON behalf of the Western Vale Good Neighbour scheme, may I thank everyone who generously supported our coffee morning on June 4.

To date, we have raised an amazing £668 (and that amount is still rising from donations). This is wonderful news as the funds will go towards supporting Age Concern and keeping the project running.

As important as the money raised, it was a wonderful morning and for me it was so nice to see everyone enjoying themselves, meeting up with friends and having fun.

Power to the people

COWBRIDGE Transition presents *The Power of Community*, a film showing how one nation overcame the dramatic loss of its oil imports, and how it worked to feed and sustain itself.

It gives a model that offers both optimism and resilience for the future at Lesser Hall, Cowbridge on Tuesday, June 23, at 7pm - 9pm. All welcome.

For further information, contact Rob or Dinky on 01446 775686.

I would also like to take this opportunity to say a big thank you to all the volunteers and advisory group who worked so hard to make the event so successful.

Without their help, support and kindness these events would be impossible to organise.

Kathryn Coupland
Good Neighbour Scheme co-ordinator

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Why wasn't the Queen invited?

A ONCE great nation has been profoundly shamed by weak, enfeebled Ministers and more distressingly by the French premier.

I watched the commemoration services taking place across those hallowed grounds in France where once brave men and women fought and died with courage and belief in the righteousness of their cause; for Queen and country, democracy and freedom.

Freedom for all of those oppressed people of Europe who had suffered under the jack boot of fascism. In many cases, they stood alone, fought their fear and did their duty.

It is only through their great efforts and sacrifices that today we are able to build a strong and united Europe.

What I saw caused me embarrassment and shamed us and our nation. Where was the Queen? Of all of those

heads of state present, it is only she who could have added real meaning, to the ceremony.

She who always stands shoulder to shoulder on all major events involving our Armed Forces past and present? I do not blame the Queen; she has to follow the lead of those in Government who are supposed to be "in charge".

It is truly shaming when those who are supposed to be responsible for the running of our country find it all too irksome and tedious to put aside just a little time and effort once a year to properly prepare to honour our fallen service men and women who gave their lives on foreign soil and rest there still, in our name.

No more of this; it doth offend my heart (Coriolanus 161)

Major Wayne Morgan MBE
Chairman,
Bridgend Royal British Legion and Bridgend & County Borough Veterans Association

'Appointments a dictatorship'

PETER MANDELSON, Alan Sugar, and Glenys Kinnock have been co-opted to ministerial, or virtually ministerial posts, by giving them a seat in the unelected House of Lords – making them Tsars of something or the other.

Is this democracy? I emphatically say it is not!

These are not persons elected to govern the electorate, they are

placements by Gordon Brown to shore up his grip on Westminster.

We regularly hear comments that describe this Blairite-Brownite-Nu-Labour party as being an elective dictatorship; the fact is that it is a classical dictatorship.

What else can we call a political system that allows a single person (Gordon Brown) to appoint persons who will dictate what happens to us without us having any say on their appointment?

Marc Delaney, Barry

Where are these 'good road links'?

SO Metrix have thanked John Smith MP – there are many who will not, and more who would not if the facts had been presented fully and honestly at the start – such as the number of people who were part of the surveys undertaken.

I visited the latest consultation and was amused that once again, most of the staff do not know the area.

On the front of the document was a statement about good road links with the M4; who on earth told them that? There is one way into St Athan from the M4 for vehicles with big loads and that's through Wenvoe and Barry, and this route is far from ideal. This road has a large number of small roundabouts, to say nothing of the road narrowing scheme near the school at Barry.

As someone who has seen many big sites developed, anyone who says they can cope without a different way in, is either fooling themselves or trying to fool us.

Vickey Way, Picketston

VALE PACT MEETINGS

STANWELL PACT, Stanwell Comprehensive School, June 19, 7pm.
CASTLELAND PACT, Castleland Community Centre, June 22, 7pm.
COURT PACT, Scouts Hall, Ilminster Avenue, June 24, 7pm.
LLANTWIT MAJOR PACT, Leisure Centre, June 30, 7pm.
BUTTRILLS PACT, Gladstone Primary School, July 1, 7pm.
DYFAN PACT public meeting, Barry Comprehensive School, July 1, 6pm.
ST BRIDES PACT, St Brides Major church hall, July 1, 6pm.
PLYMOUTH PACT, the Paget Rooms, Penarth, July 1, 7pm.
WENVOE coffee and chat morning, Wenvoe Arms, July 1, 11am.
CORNERSWELL PACT, Cogan Leisure Centre, July 2, 7pm.
If you have any issues affecting your quality of life, contact your local Neighbourhood Policing team on www.ourbobby.com.

THE COLUMN YOU WRITE

Readers' Letters

We reserve the right to edit all letters. We do NOT accept anonymous mail. Letters and emails MUST include full address and a contact telephone number. An email address alone is not sufficient. We will (in certain circumstances), protect a writer's identity, if requested. Please keep your letters brief and address them to: The Editor, Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL.

The soul of Barry is now in danger and needs a home

THERE is a soul in the town of Barry - it was born when Lord Windsor turned over the first spadeful of earth for No 1 dock on November 14, 1884.

Nurtured in the docks of Barry, it had to become brave in the men who, in two World Wars, sailed in the ships of Barry. It grew up in the men and women whose lives were entwined with the docks and the ships of Barry. In the working-class streets of Barry, it gained strength from the rich mixture of people from different cultures.

It danced in Bindles; it swam in the Knap pool and - when it had a few bob - it shopped in Dan Evans.

It was a soul that shed a tear for mothers and wives who lost loved ones in two World Wars. The soul of Barry lies deep in the streets of Barry; in the granite of the docks; in the Dock Board

building and in the statue of David Davies but the soul of Barry is in danger!

When Barry was the largest coal-exporting port in the world, its affairs were managed by a small Town Hall and council. Now that the town and the docks produce nothing, it seems that it needs a vast council complex plus the Dock-board building.

Now that it has few jobs for its people, it apparently needs hundreds more houses so that it can become a sleeper town, for Cardiff! It will be the largest Travelodge in south Wales!

When the recession came, it seemed as though the danger from the property developers was lessened but 'Lo!' three of them amalgamated and, together with the council, the docks, which the Germans could not defeat, are now under attack again.

It is very subtle; just drop dock, from the town's name Barry Dock, and then rename those docks 'The Waterfront' - much nicer.

'Council are being secretive on the subject of Cemetery Approach'

IREFER to D Hooper's letter published in last week's edition of your paper concerning the Save Cemetery Approach Group's continuing concerns with the action, inaction, transactions, and slight of action of the Vale of Glamorgan Council.

Over recent years the council, under all political parties, has failed abysmally to listen to, and heed, its residents and voters.

It continually fails to provide responses and information in a way that informs and answers the issues being addressed by the affected residents, to the point that any information ground out of the council is too late and too

little to satisfy the genuine concerns of the public.

I find it appalling that following the debacle, and intrigue, over the drawn-out saga concerning the council's secretive, attempts to sell off public open space, that the council is still being negative, and secret, over its actions relating to the use of the Cemetery Approach land.

Why cannot it respond, after nearly four months, to the offers of co-operation from the SCAG? Why did one department of the council start work on the site, and yet other departments, when contacted by phone, deny work was taking place, days after they had already commenced?

It appears that, again the left hand does not know what the right hand is doing.

Dog fouling and penalty notices

IAM grateful to the operational manager of waste management for responding to the criticisms I made in The GEM on June 4, concerning the complexities of dog fouling legislation.

It is indeed gratifying when representatives of the Vale Council make responses to public concerns since these have such a rarity value.

My past letters bringing the attention of the council to the non-working tide clock on the Esplanade and the disgraceful state of the smashed mosaics in the same area have always been ignored.

Mr Parish suggests that I copy to him the letter I received from the council a little while ago agreeing that officials had no real powers to enforce the law against recalcitrant dog fouling walkers.

This is a strange request since council officials keep copies of all letters sent to members of the public.

I am sure that the well-oiled machinery of local government will be able to find it almost immediately if they bother to look.

What he will see in that letter is the agreement of the council with my contention that if a member of the public in

charge of a fouling dog ignores an 'intervening' official then little can be done.

If 'six fixed penalty notices' were issued last week by Mr Parish's staff, then I can only assume that those in receipt of such notices voluntarily provided self-incriminatory details about themselves.

As I said in my last letter, lay officials have no actual powers to enforce, and can only ask offenders to supply the information that will be used against them in the magistrates' court.

If this is refused, no enforcement can take place and therefore these laws, like so many passed in recent times, have a pretence of severity which they do not really possess.

That was my point. Mr Parish has made no case to say I am wrong. **Mac Tanner, Barry.**

There was a cartoon in a national paper last week - one feller says to another: "I've stopped hating the estate-agents, I now hate the politicians."

The reason for my letter is simple - the soul of Barry needs a home - a museum: a place where people can stop and look back to the stepping-stones of Barry's history: a place where the children of Barry can learn about the history of their unique Welsh town.

So far, all efforts to persuade the council to insist on having a Barry museum have failed. Before the recession a lovely small building was erected on the wharf that was once No 3 coal-tip; it was a complete small house.

Representations were made for it to be donated to the town as a museum but it was removed brick-by-brick in 24 hours.

The people of Barry should insist that something be done. **David Simpson, Barry.**

The council is quoted elsewhere in your paper as stating: "that all work planned there is on health and safety grounds."

SCAG have been petitioning for two years to clean up this public open space, and have not been given the courtesy of a reply from the council. Can we now trust the council that this clean up is for health and safety, or is it a precursor to another secret deal with a property developer?

I urge, plead, that the land be developed in line with its public open space designation, and that the community be allowed to contribute to that development and use. For once, don't ignore the public will, or the hand that feeds you will eventually bite! **Mike Stafford, Barry**

Hideous cruelty to family pets must be stopped now!

IFEEL I have to put pen to paper to express my disgust with the way recent cases of cruelty to cats within the St Athan area has been handled.

My cat went missing in January, but despite exhausting attempts to find Neo, no sightings had been made.

In March I was to find Neo dead, in a hedge, and decapitated.

A few weeks ago, I noticed an article in The GEM relating to the recent spate of cruelty to pets, and a number was available to ring with any information.

This I tried on many occasions; unfortunately the answer received from the police that they were unaware of this problem, and would

'Don't brand everyone with a gun the same'

IFEEL that I must respond to a letter in your June 11 issue from a Mr D Mumford entitled 'Pets are targets for people with guns.'

I fully agree that anyone wounding someone's pet is appalling, and sympathise with Mr Mumford and his family (I am a family man with pets).

As a shooting and fishing man, I object strongly to the statement that people in camouflage with guns are not only shooting rabbits (which must be controlled by law under the land act and do untold

damage to crops and land, not to mention very healthy eating) but are shooting at people's pets.

This implies that anyone who wears camouflage clothes and shoots, is involved in the injuring of pets, which is absolutely not the case.

A person's choice of field clothing and involvement in shooting does not automatically make them guilty of this disgraceful act, or of any other illegal or antisocial act.

Once again, the actions of an irresponsible minority get passed on to the ethical and law-abiding. (Name and address supplied)

Severn options to avoid damage

THE accuracy of the cost (£21 billion) for the proposed Severn mega-barrage, from Lavernock to Weston, is now a side-issue (The GEM May 21 May).

The consultants Parsons-Brinckerhoff found the costs of electricity at over 15p per unit give the mega-barrage no clear advantage over tidal lagoons.

It's also much more costly than power from moderate scale marine current and wave power devices: £3 billion of the cost was for replacing lost inter-tidal habitat.

The key point is that schemes generating similar amounts of power exist and do not lose that habitat. Two such schemes are the tidal reef and the tidal fence, both across the estuary between Aberthaw and Minehead.

Any schemes that damage the conservation feature up-estuary from Lavernock, losing inter-tidal habitat, cannot meet the legal requirement in the Habitats

Directive to show overriding socio-economic importance - because alternative tidal power systems exist that avoid such damage.

Our politicians like Alun Cairns (May 21) and Ioan Bellin (May 14) should be complaining about the government's short-list of five options - that it did not rule out the damaging ones, and that it wrongly framed the choice before us.

It's not between protecting birds or generating tidal power, it's between options that avoid damage to the estuarial habitat.

The government was wrong not to include the non-damaging tidal fence and tidal reef options; instead, it claimed uncertainty in costs and put them in an intermediate category.

While it gave them some funds for further R&D, it's wasting money studying habitat-damaging options that fail the legal test.

Max Wallis
(Barry & Vale Friends of the Earth)

transfer me to a help line, again, either I could not get through, or no knowledge of the problem existed.

With the number of recent articles relating to this hideous crime, I would have thought that it would be of great concern to the authorities, and that any information given to them would be treated with a matter of urgency.

Whoever this sick person is, it is of great importance that this repetitive cruelty is halted.

I would urge anybody with information to persist with reporting incidents to the police.

The more pressure, the better for the pets that we all love and cherish.

W Hallett, St Athan

Accident is inevitable?

HOW long will it be before there is a serious accident on the new traffic light-controlled crossing in Cowbridge?

If approaching from the Cardiff direction, the lights are completely blocked until the last minute by a car park sign and lamp post flower basket!!

Nicky Suggitt, Llantwit Major.

The rain comes down – but school's fun day is a hit!



ABOVE: Balloon fight!

RIGHT: The rubber duck fishing proved to be a popular attraction.



ABOVE:
No real mice were injured during this event.

RIGHT:
Fun and games were the order of the day at St Illtyd's (indoor!) summer fete.



RIGHT:
"Let's go fly a kite..."

ST ILLTYD'S Primary School's summer fete went ahead in typical Wimbledon weather – the sort that led to them putting a roof on the centre court...

However, the event was held indoors, there was a great turn-out, and all the fun activities went ahead.

For the pupils, there were kite-making sessions, face painting, bouncy castles, splat the rat, a barbecue, and much more....



Winning voices pose for victory picture



ABOVE: The children's choir, who were successful at this year's Urdd eisteddfod.

It's a double first for the Welsh St Donats choir!

A newly-formed Urdd club choir from Welsh St Donats is celebrating a 'double first' at this year's national Urdd eisteddfod at Cardiff Bay.

The 'Adran Heol y March' choir, led by singing supreme Mrs

Eleri M Roberts, won both the competitions for club choir and one-voice choir.

The choir is made up of children, aged from 6-11, who are pupils at nearby Welsh primary schools – Ysgol Iolo Morgannwg, Ysgol Creigiau and Ysgol

she felt delighted at this remarkable achievement – winning two competitions only months after forming the choirs.

"The children have been so committed – they have won two national competitions – beating established and successful Urdd Clubs along the way".

Adran Heol y March organiser Alison Huw Jones said: This has been a dream start, and we look forward to building on these achievements.

"We have been fortunate in being able to practice weekly at Welsh St Donats village hall – a great local resource."

CAPITAL DRAMA PART FOR YOUNG ACTRESS LAUREN

LOCAL actress Lauren Phillips (pictured right) is to join the fourth series of S4C drama, *Caerdydd*, which follows the tangled lives of a group in the Welsh capital.

Lauren Phillips (28), plays Sara – an art teacher who

becomes best friends with Emyr (played by actor Lee Haven Jones).

The character has had a tough time as she's just found out her husband is having an affair.

Lauren, a former pupil at Ysgol Gyfun Llanhari, played straight-talking, loud-mouth Kelly, in the popular soap opera *Pobol y Cwm*.



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Bryncethin fayre
THE Nazareth Baptist Chapel, Bryncethin charity summer fayre takes place on Saturday, June 20, at 12pm-2pm.
Kart thrills
ON June 20-21 Llandow Kart Club hosts the Welsh championships with club members sponsored to raise money for Wales Air Ambulance.
Qualifying on Saturday, with heats and finals on Sunday. Entry to the circuit is free, with a collection taking place for the Air Ambulance.
Music for all
THERE will be an evening of music to suit all tastes on Saturday, June 20, in Welsh St Donats Church, at 7.30pm.
Tickets are available on 01446 772330. They include a buffet and wine in the interval.

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Young Cowbridge crimpers showcase outstanding talents



ABOVE:
Josh Rees-Hole with one of his models.

TWO young apprentices from a Cowbridge hair salon were in Cardiff recently, showcasing their talents in a special event at Sophia Gardens, the home of Glamorgan Cricket Club.

The event, hosted by Isa Training, gave Josh Rees-Hole and Stacey Ranson from the Hair Business in Cowbridge a chance to show just how much they had learned.

A spokeswoman for Isa Training said: "Both showed exceptional skills in their cate-



ABOVE:
Stacey Ranson puts the final touches to her creation.

gories, and they did their salon proud.

"However, extra congratulations go to Josh, who won both his categories: 'Funk it Up' and 'Catwalk Extreme'."

Josh also took the overall achievement award, and now has the chance to compete for a place on the British team, which is being prepared for a competition in October.

Cowbridge year-8 pupils triumph in the Super 8s

Cowbridge Comprehensive School entered two teams in the inaugural Super 8s competition held at the new Leckwith Stadium on Wednesday, June 10.

Super 8s is a new athletics competition which is aimed at popularising the sport, in the style of 20twenty cricket.

Eight cities compete against each other in a two-hour competition for £75,000. The aim is to increase participation and also the numbers of spectators by making a competition more fun and appealing.

London South won the elite competition overall, with local athletic stars such as Christian Malcolm (100m), Matt Elias (400m) and Amanda Moss (800m) competing for Cardiff.

Also competing were Great Britain athletes Chris Tomlinson (long jump) and Craig Pickering (100m).

As a curtain raiser to the main event, eight school teams competed in their own super 8s competition.

Eight boys and eight girls made up a team;



ABOVE and BELOW: The pupils who took part in the Super 8s competition at Leckwith Stadium.



each competitor had to compete in a track and field event plus a relay.

Cowbridge entered a year-7 and a year-8 team and competed against

Bryn Hafren girls, who joined up with Whitchurch boys, Whitchurch, Treorchy, Fitzalan, St Cyres and Cantonian.

Cowbridge year-8 team triumphed after a close battle with Treorchy. The year-7 team came third.

Cowbridge staff rue missing team member in Twenty/20 competition

AN exciting match was played between the staff of Cantonian School and Cowbridge Comprehensive at St Fagans Cricket Club last week.

While most of south Wales was on the end of some heavy showers, the sun shone on the picturesque ground.

The Cowbridge staff batted first in the 20-over match against some accurate home bowling, where the two Gareth Davies's from the PE department posed difficulties.

Steve McQuade was the hero with the bat, anchoring the Cowbridge innings with a fine 35.

He was ably supported by brothers Tim (14) and Chris (15) Cox, and a fine innings of 22 by Jonathan Ling.

The final score was 113

Cometh the hour, cometh a hero in the form of Charley Pleasants, who took three wickets for nine runs but, more importantly, three excellent catches, to keep the Cantonian staff behind the required run rate.

A brace of wickets for Steve McQuade and Alan Foulds, and one each from Hugh Williams and David Griffiths, ensured a

close finish.

Cantonian had to thank the middle order batting of D Swain 31, C Hacking 24, P Graham 10 and Gareth Davies 17, in reaching the target in the final over with one wicket to spare.

Had the latter batsman been caught from a skier early on, the result could have been different, hence the saying "catches win matches."

Also, that extra man

missing from a Cowbridge team of 10

men could have saved some runs.

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The healthy lunchbox workshops span the generations at schools

AS part of Adult Learners Week in the Vale, last week, schoolchildren and parents learned together about healthy lunchboxes.

The Cymru Cooks group (which involves Healthy Schools, Community Focused Schools, Clybiau Plant Cymru and Community Dietician) secured funding from NIACE to deliver intergenerational workshops.

These were held in five schools in the Vale and each workshop was led by Steve Bell, adult education tutor.

All of the workshops went well, with 74 taking part. All participants – at no financial cost to them – made two dishes

suitable for a healthy lunchbox – a savoury dish; a salad using wraps instead of pasta; and a sweet wrap – which involved fruit and a small amount of chocolate spread acting as 'glue'.

On May 11, Ysgol Gwaun Y Nant in Barry was the first school to take part. A little Welsh vocabulary was also included informally into the session, with Welsh flash cards for the families to take home and use in the kitchen.

One parent said she most enjoyed "Learning to cook with my daughter - which she won't do at home with me!"

The next day, Steve Bell was at Wick and Marcross Primary School, where mums, dads and grandparents

shared this experience with their child.

The workshop then went to Evenlode Primary School, where comments from children and adults included: "Very good", "Extremely useful" and "Glad I came" – all very positive quotes!

Evenlode School found the session particularly useful as they are planning to start up an after-school cookery club.

When it was Jenner Park Primary School's turn to have the healthy lunch box workshop, Steve struck a good balance between engaging with both the parents and the children, and all had lots of fun learning together.

At the Y Bont Faen Primary School's work-

shop on Friday, May 15, the children taking part were all from year-4.

The workshop received many positive comments. One parent said "it was lovely to work alongside my little boy – we both learned something new".

All of the adults who took part received a free information pack, which contained healthy recipes and information on community learning courses.

The children were given an inflatable fruit carry case, and couldn't wait to blow them up!

Parents commented that this was a great idea for carrying fruit to school as the fruit would not get bruised in the children's school bags.

LS

TOP NOTCH DRAMA FACILITIES AT YSGOL BRO MORGANNWG!

THE staff and pupils of Ysgol Gyfun Bro Morgannwg appreciate the support of the Vale local authority, the school's governors and the PTA CRYF – as they have

contributed a substantial amount of funding for the building of our new drama block.

The excellent facilities which include two expansive drama studios and a media resource room have greatly improved the provision for the performing arts at the school, enabling us to extend our provision for the dramatic arts on the school's curriculum.

The drama block was officially opened recently by renowned Welsh actors William Thomas and Mair Rowlands. Also present were representatives from the Authority, governors and CRYF.

MT



Governor Rowland Owen takes a tour of the media facilities.

'Cosmeston Lakes can kill', police warn

VALE residents are again being warned about the dangers of swimming in the lakes at Cosmeston Country Park.

In Penarth, Neighbourhood Acting Inspector Steve Trigg said: "Every year people put themselves at risk of drowning when swimming in Cosmeston Lakes. Most are teenagers.

"The main risk is the cold. It may be a warm day, and the water may seem chilly on the surface, but just a few metres down it will be near freezing point.

"An average adult has only a 50/50 chance of surviving a 50-metre swim in very cold water (10 Celsius - 50F) or below. That's not much more than the width of a soccer pitch.

"The cold shock affects your breathing and causes gasping and

hyperventilation. It is involuntary and there is nothing you can do to stop it. It can lead to panic and drowning. The cold also makes arms and legs numb within several minutes.

"It means you will be unable to swim and may drown," he warned.

Sigingstone gardens are open for charity

TWO Sigingstone gardens will open for charity at the weekend – as part of the prestigious National Gardens Scheme (NGS).

'Langlands' and 'Hafod-y-Fro', in the Vale village (situated between Cowbridge and Llantwit Major) will open to the public on June 21.

They include "something for everyone inter-

ested in amateur gardening," as a relaxing Mediterranean courtyard area.

The gardens are on the same road, but offer very different approaches to garden design.

One features a pond, bog areas, a summerhouse, waterfall and orchard all surrounded by barn conversions; while the other has been evolving from scratch over 40 years and includes a mature pleasure garden, a pond and produce garden, as well

as a relaxing Mediterranean courtyard area. Combined admission to both gardens is £3 per adult, children are admitted free. Refreshments and plants will be on sale on the day in aid of a local breast cancer charity and both gardens are open from 2-6pm.

For details, visit the National Gardens Scheme website at www.ngs.org.uk or look out for the yellow signs.

ABOVE:
Musician and performer, Mrs Margaret Harris, with Tony Hampton, cabinet member for lifelong learning and Bryan Jeffreys, Director of children's services.



Group photo at Jenner Park School, with cookery tutor Steve Bell on the right.

SULLY COMMUNITY NEWS FROM COUNCILLORS ANTHONY ERNEST AND SARAH SHARP

FLOODING AREAS ARE HIGHLIGHTED IN CABINET

FLOODING. A report to the Vale Council's cabinet has identified a number of locations in the Penarth and Sully areas that are particularly prone to flooding.

These include The Esplanade, Penarth and Swanbridge Road, Conybeare Road and South Road, Sully. The risk at the Esplanade is quoted as high, that at South Road as medium, while Swanbridge is low.

Following calls for action by Councillors Anthony Ernest and Sarah Sharpe, works have now been completed at Conybeare Road, where ditches were cleared and a blocked culvert also cleared, allowing water from adjacent fields to run off

safely.

Coun Ernest pointed out that there were 40 sites in the Vale which have been identified as potential risks, and a substantial amount of money will be required to meet the cost of all the necessary schemes.

Speed Indicators. New style speed reduction signs are proposed for Lavernock Road, where there are claims that traffic speeds are higher than usual.

The flashing signs which light up when vehicles exceed limits have been found to be considerably more effective than existing speed cameras often referred to as "cash cows" in the media.

LORRIES. Talks have taken place in

Penarth in an attempt to resolve issues with the parking of heavy goods vehicles near a popular school.

Residents in Penarth are calling for early action to ensure greater safety at this busy location.

VILLAGES. Entries are now being sought for the Best Kept Village in the Vale, the winner of which receives the Challenge Cup and a valuable cash prize.

A number of villages have already entered, and the competition's schools section has already attracted an entry of 19, up from last year.

Schools in the Penarth and Dinas Powys area have been worthy winners in recent years.

Green and food waste. Residents of lower Penarth and Sully have been complimented on the quality of the green and food waste they put out on a regular basis.

In a report, waste bosses said that the quality of the collections from these rounds is absolutely "first class" and that residents are to be commended on their careful selection and bagging up of these items.

The food and garden waste are being environmentally treated in the rural Vale, and returned to the land after the recycling process.

Coun Ernest and Sharp are always ready to help with residents enquiries, and can be contacted on 20 702111 and 20 898732.

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Happy result for SADS charity event

A RECENT charity fundraising evening in Penarth topped £3,000 – more than £2,000 over the target set by its organisers.

Police Officer, Malcolm Thomas and his daughter Nicola

staged a comedy evening and charity auction at Penarth Conservative Club to raise funds for 'SADS' (Sudden Arrhythmic Death Syndrome). Malcolm's daughter, Natalie, Nicola's sister died from SADS eight

years ago.

Nicola said that she had hoped to raise £1,000 towards the charity which carries out research into the illness.

"I was completely taken aback by the generosity of everyone who came along to the evening, and being able to raise some £3,000 was absolutely fantastic.

"I am so grateful to everyone, especially those who donated some excellent raffle prizes and auction lots as well as everyone who supported the event."

Malcolm Thomas added: "We are also very grateful to our sponsors Steve Jones of Porsche Motors and Simon at Cardiff Flying School for their generous support for the auction."

During the evening, Hugh Meddins 2008 president of the Welsh Bowling Association as well as President of Dinas Powys Bowling Club, presented Malcolm Thomas with a cheque for £250.

Hugh had chosen SADS as his charity for his year in office.

MARIE CURIE STAFF STEP OUT



STAFF at the Marie Curie Hospice in Penarth are pictured (above) during a charity walk from Cardiff to Penarth, when they braved the elements to raise money for the hospice.

The walkers are pictured at the Scott Memorial in Cardiff Bay.

Artist draws on her experience as carer in Senedd exhibition

VALE artist, Sol Jorgensen, brought the work of carers into the Senedd with paintings and drawings of her life as a carer of Seth, her son.

Linking to the Carers Choir and Gwanwyn, the Age Concern Festival for Carers, Sol brought groups and networks together at the Senedd and her exhibition, hosted by Jane Hutt AM, was widely admired.

Ms Hutt said: "I am privileged to know Sol Jorgensen as an inspiring artist and dedicated carer of her son, Seth. Hosting the exhibition

and launch as part of Carers Week provided me with the opportunity to speak about the lives of carers such as Sol, of whom there are so many in my constituency, the

Vale, and to welcome the wide range of organisations that link with and support carers in the Vale and neighbouring communities."



ABOVE: Jane Hutt AM with Sol Jorgensen and her Art Work

VALE CARERS 'IMPORTANT EVERY DAY OF THE YEAR'



Jane Hutt AM at the meeting with carers' groups.

CARERS' support groups in the Vale won glowing praise from local AM Jane Hutt at a Carers' Week event in the Dyffryn Gardens marquee last week.

Ms Hutt said: "Carers are important every day of the year, not just once a year when we focus particularly on their lives and listen to their needs.

"The organisations represented at the Vale Carers Day are developing their services in and impressive way, providing advocacy, support, respite and care and I was delighted to support their work again this year.

"My main message is to thank the carers for their unstinting support for their families and to welcome them to contact me to take up any issues they wish to discuss to improve services."

Scam advertisements - a warning to the public

THE following joint warning to the public has been issued by the City of London Police, Metropolitan Police Service and Westminster Trading Standards.

Police are advising the public not to reply to bogus adverts placed in local and national press by a company claiming to sell high value electrical goods at reduced prices.

Customers who have attempted to buy goods from the advert have been asked to pay or transfer cash into a bank account. They are told that the items will be sent to them, only to find that the purchases never arrive.

The adverts have been placed in local papers and magazines nationwide under a variety of names, including Arash Ltd, The Gadget Company, Gadget Limited, Office Bits Warehouse, Office

Supplies Cabin and Office Brands Megastore.

The only contact details are telephone and fax numbers and occasionally an email address that is based on the URL@easymailorders.com.

(It should be noted that there are companies in the UK trading legitimately under names similar to 'The Gadget Company'.)

Another aspect of the scam is that cards from a company calling themselves 'Parcel Express UK' are posted through random front doors telling the householder that they have missed delivery of a parcel.

It asks the recipient to phone a number and pay for a customs charge of the product by credit or debit card, once this is done, the parcel fails to arrive.

Again the money is not debited from the victims' account but the details are later used fraudulently.

Parcel Express UK is not a legitimate company. As a matter of course unless you are confident of the legitimacy of the company contacting you then do not provide your card or bank details to organisations or people not known to you.

If you have placed an

order in response to one of the newspaper adverts concerned, or called 'Parcel Express UK', you should inform your bank immediately and cancel your card.

Detective Chief Superintendent Steve Head, head of the Economic Crime Directorate at the City of London Police and the force investigating the frauds, said:

"The City of London Police Economic Crime Directorate is working closely with Westminster Trading Standards Office

and the Metropolitan Police to identify those responsible for this fraud.

"We are at an early stage, however it is evident victims have been duped by bogus advertisements for reduced price goods, placed in trusted newspapers and national magazines. Our advice to people is this: only ever part with your financial details to a known and trusted company.

"Likewise if an approach for delivery of a parcel is unexpected or

unsolicited, be wary, question the reasons why and take time out to consider the validity of the request. Trading Standards or Consumer Direct can offer advice."

If you suspect you have been a victim of this crime please report it to the City of London Police at ophukka@city-of-london.police.uk.

Further advice on consumer rights can be found at www.consumerdirect.gov.uk, or by contacting Consumer Direct on 08454 04 05 06.

Hundreds queue to take up free insulation offer

A MILE-LONG queue snaked across a Bridgend Industrial Estate on Saturday, June 13, as car drivers queued to collect free loft insulation from Rockwool, the Bridgend-based mineral wool insulation manufacturer.

More than 19 tonnes of loft insulation was distributed to eager householders looking to reduce their fuel bills and benefit the environment by

reducing their energy consumption. Householders brought everything from minibuses, camper vans, trailers and even an ancient Citroen 2CV to load up on free loft insulation!

People wishing to take advantage of the Rockwool offer can collect the free insulation for their home from the warehouse at John

Raymond Transport, off Queens Road, Bridgend Industrial Estate, anytime between 9.30am-4pm on Saturday, June 20 and

27and Saturday July 4. Mrs Kapowski collecting insulation for her four bedroom detached house commented: "My heating bills seem to be constantly going upward, so I wanted to insulate my loft to help save money. I shudder to think how much heat has escaped from my loft over the last 20 years.

Rockwool staff are on hand to help homeowners load their cars and select the right product quantities.

For more information visit www.rockwool.co.uk.

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FREE LOFT INSULATION GIVEAWAY

Rockwool, the world's leading producer of stone wool insulation is giving away insulation FREE to homeowners in South Wales for a limited period – enough to insulate over 3,000 homes.

Rockwool loose lay insulation can be raked into loft floors, boosting home energy efficiency and cutting heating bills by up to £205 a year.

The Rockwool insulation is available for collection from

John Raymond Transport
Off Queens Road,
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from 9.30am – 4pm on:

- Saturday 20th June 2009
- Saturday 27th June 2009
- Saturday 4th July 2009

No more than 40 bags of insulation per household.



*The Energy Saving Trust estimates that a properly insulated loft can cut home heating bills by up to £205 a year for the average three-bedroom semi-detached house

NEWS FROM THE PENARTH COMPUTER CLUB

Speaker tells how to avoid holiday video torture!

HAVE you ever been to visit friends, only to shudder when they ask: Would you like to see our holiday video?

To help us avoid putting our friends through all that, Mike agreed to share his thoughts on how to turn the prospective torture into a treat.

His talk to Penarth Computer Club began with a short film showing just what NOT to do when you film your holiday. The examples showed that if you do

not have a tripod then you must try to brace yourself against a wall, tree or lamp post, as this helps to keep the camera steady.

A camcorder can capture movement, but there is some movement that makes viewing very uncomfortable for your audience.

The example showed quick zooming and then, when zoomed in, panning to left or right.

There is no better way to make your viewing audience feel the need for a sick bag.

The film also showed

the correct way to use zoom SLOWLY – and the correct way to pan the camera also SLOWLY.

The last clip showed swans enjoying an argument on Cosmeston Lake. Capturing such an interesting event was a good example to encourage photographers and those who prefer the camcorder to carry their camera with them more often.

The sight of such big birds squabbling is somewhat spectacular.

Looking ahead to the process of editing, Mike suggested that a new project could be introduced by shooting a short clip saying what was to follow such as, "Today is the November

10 and we are visiting Bristol Zoo."

He also suggests that a moving object is better depicted moving into the picture rather than out of it, so put some spare space in the picture that the object can be heading toward.

Don't forget to take at least one minute more video per clip than you need. This will give you the chance to edit with ease and the ability to use transitions to go from one video clip to the next.

With everything safely 'in the can' as they say in the movies, we were then told how to upload the video to the computer. It's easy because the equipment does all the work; you just follow the

instructions.

The video must now be edited using your computer and a simple editing program. The job of editing is to cut out the unwanted parts of the video and move smoothly from one section to the other without your audience noticing.

This means that your edited version is short and interesting to your intended audience. You might, of course, have different length versions for family and for friends.

The next part concerned transitions: A transition is a method of moving from one video clip to the next as seamlessly as possible.

Different types of transitions were

explained and demonstrated. These ranged from a simple cut where a piece of video ends and the next one begins to the more sophisticated cross-fade where as the one piece of video fades out along with its sound track the next fades in.

Many types were shown and demonstrated with the advice to choose only a few. Use too many and you will spoil a good video.

Camcorders record sounds, of course, including sounds that are not wanted. Wind noise can be reduced by wrapping the microphone with a furry sleeve.

Directional microphones are available that pick up sounds only from what they are pointed at.

Music files can be incorporated into the video and can be faded in or out as needed.

Having filmed your holiday; put it onto the computer and edited it, just what is left? Mike gave a brief show of how to add titles and credits.

Finally, burn your production to DVD. The program helps you here in that it guides you into making a menu, so when you put your DVD in the player, a menu allows you to select which part of the video you want to see.

Your DVD is not just a great memory. You can

feel so proud of your efforts that you will want to lend it to friends, and wait for the comments on how much they enjoyed your holiday.

Penarth Computer Club next meets on Tuesday, June 23 at 7.30pm in All Saints Lesser Hall, Victoria Square, Penarth. Chips and Chats and a fun quiz. Visitors and new members are welcome. For more information, telephone 029 2070 8439.

HOWARD DESMOND

CAROL IS A TAKE THAT WINNER!



THE BRO Radio/Glamorgan GEM Take That concert winner was Carol Williams from Llantwit Major, who entered via the entry form in The GEM.

Carol took her friend Chris and they not only enjoyed Take That, but also saw James Morrison who was the support act and enjoyed VIP treatment in the hospitality suite and guest seats for the concert.

The question was: 'Shine' is the second single taken from Take That's comeback album Beautiful World, but in which year did it reach number one in the UK?

The correct answer was C: 2007.

BRO Radio station manager Steve Powell, said: "It has been a fantastic competition, with a tremendous response. I would like to thank everyone who took part, commiserations to those who did not win."

"Don't worry, there are many more competitions on the way!"

"We would like to thank Take That tour management and the Glamorgan GEM for their wonderful support."

BRO Radio is on 98.1FM and online at www.broradio.co.uk. Email studio@broradio.co.uk or call the studio on 033 044 04 981 (local call charge).



ABOVE: Carol Williams, the happy recipient of a pair of tickets to watch Take That in the Millennium Stadium.

Annual Scout fete will be the big attraction

THE 56th Barry District Scout and Guide annual fete, will take place at Romilly Park on Saturday, July 4 with the official opening at 1.15pm.

This year's fete will celebrate 100 years of Sea Scouting, and will feature displays from the Sea Cadets Field Gun

Display team, Welsh Bockers, Barry Kyokushin Karate Club and the Welsh Piping Society, as well as an It's a Knock Out competition by the Scouts and Guides.

Programmes are now on sale, £1.50 in advance and £2 on the day. For the list of places to purchase a programme, visit the website www.barryscouts.org.

Please email your stories to the Editorial Department at: ggem@internet-today.co.uk

Win plant stamps with Royal Mail and The Glamorgan GEM

THE National Botanic Garden of Wales played host to the Welsh launch of Royal Mail's 'Plants' stamps, highlighting the dark future of endangered plants.

With a quarter of the world's 270,000 plants facing extinction, Royal Mail is issuing ten first class stamps featuring examples of our endangered plants, and readers of The Glamorgan GEM can win a presentation pack in this month's Royal Mail competition.

Kevin Lamb, director of the National Botanic Garden, said: "These stunning stamps illustrate beautifully exactly

what is at risk in the natural world around us and why the conservation and research work here at the National Botanic Garden and other key institutions is so important."

Plants is the third in Royal Mail's Action for Species series, which examines the UK's endangered flora and fauna.

To enter this competition to win a presentation pack of these colourful stamps, simply answer this question:

Which of these is not a famous gardener?

- A) Alan Titchmarsh,
B) Charlie Dimmock,
C) Gordon Brown.

Answers on a postcard, marked 'Plant Stamps', to The

Glamorgan GEM, Graig House, 53 Eastgate, Cowbridge, CF71 7EL, to arrive no later than June 26.

No correspondence will be entered into and the judge's decision is final

GOOD LUCK!

Vale band on way to Dinas

FURTHER to their successful gig for the Dinas Powys branch of Tenovus at Christmas, the Vale of Glamorgan Band are returning to the parish hall on July 4, at 7.30pm, to promote their own concert.

Under the direction of conductor, David Short, they will play a wide selection of music, some of it associated with films such as *The Lion King* and *The Great Escape*.

On this occasion, the

band's guests are the Serenity Choir, a female voice choir based in Cardiff. Their repertoire ranges from gospel to pop, classical to jazz and includes songs from musical shows.

They will be conducted by assistant director, Emma Height, a music graduate from Cardiff and accompanied by Christopher Andrews.

Tickets £5 each, available at the door; from the parish hall office; telephone 0777 095 1908; 02920 513315.

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Cadoxton bowlers in a struggle to find their form

CADOXTON v WATTSTOWN CML2

CADOXTON started their League fixtures with a trip to Wattstown. The weather was nice but the result was awful!

There were a number of significant absentees from the team, but big improvements are needed if any good impact is to be made on the fixtures during the remainder of the season.

On Graham Brown's rink the game was tight in the first half, with only 11 shots scored in eleven ends, and a three shot deficit.

By the 15th the difference was just four.

However with lack of good bowls in the head, the tide could not be held any more and the last seven ends were lost, including a six on the penultimate.

Don Kuhnell had difficulties in keeping the score down, although his rink had led until the 8th.

Three losses followed but by the 14th the score was 10-11.

This was the stage when quality bowls were few, which enabled the opposing skip to take advantage by taking 15 shots in the next four ends which virtually ensured the points.

An unfit Viv Thurston was brought in to lead for Andrew Hatcher, due to lack of players. Unfortunately his play was nowhere near his normal standard. They went 15-1 down before a mini fight-back brought the score to 15-10, but only one single was added in the last

six ends.

The rink skipped by Gary Jones was leading 5-4 on seven ends, but a five took away the initiative. By the 13th the difference had increased to 10. Two twos broke the run up but they failed to score in the remaining six ends.

Scores: J Sugden, W Vaughan, K Chedzoy, G Brown - 7-25; H Hellyar, S Pycroft, L Cundliffe, D Kuhnell - 12-28; V Thurston, W Eadie, D Tuck, A Hatcher - 11-35; P Ellis, G Davies, J Davies, G Jones - 11-27. **Final score: 41-115.**

CADOXTON v VICTORIA PARK CML2

CADOXTON'S unhappy run continued when they were comprehensively defeated by Victoria Park (Cardiff).

Only the rink skipped by Graham Garland managed a victory with Ivor Dunbar returning after a lay-off.

Scores: G Solomon, C Burgess, D Brook, B Sales - 9-31; G Powell, L Little, J Stewart, A Carpenter - 16-21; R Doble, B Knight, I Robertson, M Curtis - 12-28; D Collard, I Dunbar, D Evans, G Garland - 21-14. **Final score: 60-77.**

CADOXTON v ROMILLY - MUNRO CUP

THIS Munro Cup game took place at Romilly where Cadoxton only managed success on the rink skipped by captain Gary Jones.

Despite only winning eight of the ends, they were good wins, including a four, a three and a two, on two occasions, while the opposition were mainly singles.

Alan Carpenter's normal Munro Cup form deserted him when his rink only managed six winning ends against Alan Bryan, his opposite number.

There were not many bowls in the head to assist skip Don Kuhnell, who was always playing to cut down, while Brian Foscolo mainly had the much easier task of holding shots, when it was his turn.

The same pattern took place on Kelvin Chedzoy's rink against Tony Freeman, during the last 10 ends, after he had taken a 6-3 advantage with 8 ends completed.

Scores: G Solomon, G Davies, D Jones, G Jones - 20-16; M Gershenson, A Burge, A Woolcock, B Gough, B Knight, J Stewart, M Curtis, A Carpenter - 9-20; P Gershenson, G Whittaker, V McFarland, A Bryan, D Collard, D Evans, L Cundliffe, D Kuhnell - 12-28; R Harkus, P Hoad, M Doyle, B Foscolo, R Doble, S Pycroft, J Sugden, K Chedzoy - 10-26; D Bannister, L Jones, C Geen, A Freeman. **Final score: 51 - 90.**

Junior Cavaliers take on St Fagans in exciting games

L L A N T W I T
Cavaliers under-13s and under-15s teams both took on St Fagans CC in recent matches, with some exciting cricket the end result.

The under-15s were hosted by St Fagans, and on winning the toss chose to bat under good, warm conditions.

Captain Sam Pickford ensured a good start and was well supported by number four batsman Alex Harris, with both

batsmen going on to retire with scores of 36 and 35 respectively.

Sam Walsh and Andrew Williams added some additional runs to ensure a useful target of 117-4 off 20 overs.

St Fagans got off to a slow start, with some excellent bowling from Llantwit resulting in a score of only 17 for 2 after five overs, including the prize wicket of Smith to a superb ball from Pickford.

Weatherall (38 retired) and Antoni swung the game back in favour of the hosts but the loss of

three quick wickets to the bowling of Alex Harris almost won the game for Llantwit.

St Fagans reached the target in the last over with only two wickets to spare in a nail biting finish, especially for the home side, who were asking themselves all the questions, having been outplayed in some departments by Llantwit.

The under-13s were also hosted by St Fagans, where the host side won the toss and elected to bat, getting off to a solid start adding 80 for the first wicket, thanks mainly to Jeremy Lawlor (35 retired). Llantwit fielded a little too deep which helped the run rate to tick over.

However, some good catching from Jordan Bush and Daniel Evans helped to peg St Fagans back. This was aided by some good bowling from skipper Cameron Sleeth and Tom Clay, taking a wicket apiece. St Fagans went on to make a challenging 156 from their 20 overs.

The Cavaliers in response batted valiantly, scoring 94-8, with the bulk of the runs coming from Tomos Russell (30 no), Jordan Bush (12) and Joe Walsh (10). This was Tomos' highest score for the club, a milestone for him. Wickets were lost to three run outs suggesting an area for improvement.

TB

Romilly clinch a tense victory

BARRY Romilly Bowling Club travelled to Abertridwr Bowling Club on Saturday for the season's first match in the First Division.

Romilly won 94 shots to 77. Dave Wright's rink of B Gough, R Harkus and G Cogbill led from start for a sparkling 32-9 win.

Richard Cowling's rink of H Jones, A Burge and P Gershenson had a tough game and were 5-12 down after nine ends.

They got going thereafter with some good scores and went on to win the rink 22-19.

Tony Freeman's rink of C Geen, G Eastment and K Westgate had a good start in their game and were 14-6 in front after just eight ends.

RH

100 per cent for Cowbridge tennis!

THE Ladies first team were at home to Radyr on Sunday and gained a comfortable 4-2 win, with Jenny Lord and Alison Kurobasa winning both their matches, and Gill Ridout and Janet Booth, and Tricia Jochem and Karen James, winning one.

Ladies from the second team travelled away to play Cardiff LTC on Thursday where they also had a 4-2 win; June Donagh and Jane Wilby winning two, Julie Couzans and Caroline Summers, and Charlotte Kurobasa and Jane Richards, winning one.

To complete a winning week all round, it was seven wins out of seven for the men's team with a 4-2 win at home to Alt-yr-yn.

Allen Duggan and Rhodri John were unbeaten, Huw Jenkins and Richard Feeley, and Paul Wilby and David Buick, winning one.

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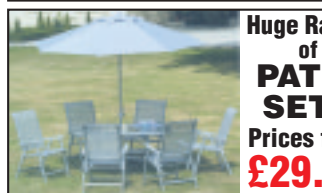
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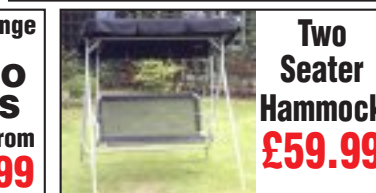
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DINAS POWYS SKATE PARK HOSTS BEST IN UK TALENT

HUNDREDS of people turned up at Dinas Powys Skate Park at Bryn-y-Don Playing Fields to watch some of the country's top skateboarders show off their skills.

A spokesman said: "Some of the best riders in the UK came to Dinas Powys and demonstrated skills on the half pipe, death box and flat.

"They included Jess Young, Joe Linsky and Skelley. Also in attendance was Dainton from Dirty Sanchez, but he was unable to compete due to a wrist injury."



CADOXTON BOWLS CLUB LADIES NEWS

Team recover to gain away win at Rhoose

THE evening league match at Cadoxton, June 10, was played against Millwood.

Rink one: Cadoxton - C Hope, P Davies, M Patterson, M O'Callaghan 11, Millwood - J Rogers, D Wyatt, J Davis, S Froud 26.

Millwood made an excellent start by scoring eight shots on the first five ends with Cadoxton scoring one only.

By scoring another five in the next two ends it was difficult for Cadoxton to catch up. Gaining seven on ends 13/14, sealed the win for Millwood.

Rink two: Cadoxton - P Bryant, N Clissett, D Evans, J Tuck 13, Millwood - J Mason, C Rich, I Dowling, F Luen 15.

This was a very even game the score being even at 13 all on end 16 of this 18 end match.

Millwood gained the win by taking the last two ends for one shot each. **Final score:** Cadoxton 24, Millwood 41.

THE next day in the Glamorgan League Rhoose ladies welcomed the Cadoxton ladies to their green.

Not only did they have to play a lady short due to illness, but Val played with a very painful foot. The ladies wish them both a speedy recovery.

Rink one: Cadoxton - P Bryant, T Parry, D

Evans, J Tuck 23, Rhoose - D Baxter, Sue Dance V Lovering 9 (a quarter deducted).

Cadoxton ladies started off in fine style scoring 10 shots in the first four ends and continued to make headway throughout the game.

Rhoose scored 12 shots overall which was reduced to nine after a deduction of a quarter.

Rink two: Cadoxton - C Bentley, P Davies, A Rees, P Currie 14, Rhoose - M Dutton, S Wood, B Green G Watkins 10.

Cadoxton found it difficult to get going on the artificial green.

They didn't score until the fifth end but then gained five shots over the next four ends. It was very even scoring, between the teams, over the next 10 ends but Cadoxton took the lead after five shots on ends 14/17.

Rink three: Cadoxton - M Slee, J Watkins, N Clissett D Davies 19, Rhoose - S Slee, A Shears, J Hopkins B Wornham 13.

Cadoxton scored eight in the first seven ends. Rhoose took four shots on the next end and by end 11 the scores were equal at nine-all.

The next four ends were taken by Cadoxton also taking four on end 17 made it very difficult for Rhoose to catch up.

Final score: Cadoxton 56, Rhoose 32. **DM DAVIES**

Income advice for groups

THE Vale Centre for Voluntary Services (VCVS) has arranged a free 'sustainable funding conference' supported by Unity Trust Bank, at the Barry YMCA Hub on Tuesday, June 23 from 10am-1pm to help local community groups identify ways to generate future income.

Expert speakers will run workshops on topics covering tax effective giving, trading and social enterprise, procurement and contracts, and loan finance.

For more information, contact Dave Edwards at VCVS on 01446 741706 or e-mail dave@valecvcs.org.uk

NEWS FROM 372 BARRY SQUADRON AIR TRAINING CORPS

Cadets learn all about climbing from the inside



Vanessa Lazenburg abseiling.

RECENTLY, Air Cadets from 372 (Barry) Squadron, Air Training Corps, experienced the thrills of abseiling at Boulders indoor climbing centre, Cardiff.

The session was designed to give the cadets a taster of indoor climbing and abseiling and build their confidence in climbing and putting their trust in team members.

The Cadets were introduced to a basic climbing wall where they learnt the techniques of hand and foot holds; which they would be using later for the more challenging climbs ahead.

Once the Cadets were happy, they quickly moved onto the simplest 60-foot climbing wall, before abseiling back down, each climb they undertook becoming more challenging and technically more difficult.

After the basic climb, the Cadets progressed onto vertical climbs and climbs with a tricky overhang; testing their physical strength to the

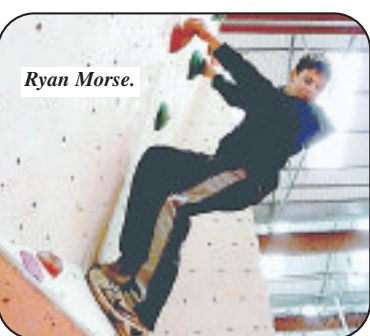
limit. Cadet Ryan Morse said: "Climbing was really cool; I enjoyed the climbing and the abseiling. The hardest part was the overhangs, which were really difficult so I was really chuffed when I completed it".

Cadets' training includes caving, camping, day walks, expeditions as well as kayaking. This training and experience, encourages them to explore and appreciate the great outdoors; improve confidence and fitness, learn new skills and ultimately provide enjoyment

mixed with excitement.

Cadets taking part were: Sophie Gildersleve, Eloise Johnson, Sian Davies, Jess Peters, Luke Evans, Rhys Horton, Titus Tuttle, Sam & Vanessa Lazenbury.

If you have a spirit for adventure, 372 (Barry) Squadron has vacancies for boys and girls between 13-18 years old. The squadron parade on Mondays and Wednesdays (7pm-9.30pm), behind Adams Funeral Parlour; telephone the Squadron on 01446 747734 or email



Ryan Morse.

372@aircadets.org for more information about joining or the Air Training Corps. **JASON HORTON**

CAMERA CLUB HOSTS TROPHIES EVENING

Young picked out for special praise by Mayor of the Vale

SATURDAY June 6 saw Barry Camera Club host the Barrian Cup and Dave Cowdrey Trophy for the 14th time at the St. Francis Millennium Hall in Barry.

After an introduction by Barry Camera Club chairman, Steve Durbin, the event was opened by the Mayor of the Vale, Coun Emlyn Williams.

He commented that it was nice to see some youthful faces in the

audience and that he would like to see some more positive view of young people, as they always seemed to get a bad press.

The judge of the event, Graeme Hodgkiss, agreed and said that members of photographic clubs should encourage their children and grandchildren to take up photography or the art form could well die out at club level.

Twenty five camera clubs from around Wales and the west of England entered photographs into

the Barrian Cup competition and around 90 people from the clubs turned up on the day to watch the judging.

As usual, the standard of photography was very high, but Neath and District Camera Club took an early lead, scoring maximum points with their first two pictures, 'Tree Birds' and 'Jenna by the River'. Llanelli was not far behind, though, their first picture, 'First Snow' scoring maximum and their second 'Old Friends' just one point

under maximum.

After the break, the other clubs started to fight back with some consistently good pictures, and towards the finish it started to get very close, with three or four clubs in the running.

The competition was finally decided by the last-but-one picture to be judged, with Llanelli just edging out Gwynfa by 87 points to 86. Neath and District was third with 82 points, and Backwell Camera Club was fourth with 81

points.

With the winner of the Barrian Cup having been decided, Graeme Hodgkiss went on to judge the Dave Cowdrey Trophy.

He decided on the picture that had given Neath and District maximum points early on in the Barrian Cup competition, 'Tree Birds' by Terry Goss, which he had said 'oozed quality'.

The trophies were presented by the Vale Mayor and the Mayoress, Mrs Joan Williams. Club secretary Arthur Mallet accepted the Barrian Cup on behalf of the Llanelli Photographic Society.

The pictures that scored the maximum 20 points in the competition were:

Tree Birds - Neath and District P.S.
Jenna by the River - Neath and District P.S.
Jockeying for Position - Gwynfa C.C.
Heron at Forest Farm - Cardiff C.C.
Enigma - Cardiff C.C.
I Wonder if She'll Come - Rhonda C.C.
The Kitchen - Backwell C.C.
First Snow - Llanelli P.S.

GEOFF FOWLER



ABOVE LEFT: Coun Emlyn Williams presents the Barrian Cup to Arthur Mallet of the Llanelli Club. **ABOVE RIGHT:** The Mayoress, Mrs Joan Williams presents the Dave Cowdrey Trophy to Terry Goss.

High Street Traders Association, Barry

Eric the High Street Clown has been messing around.

Eric has visited all the shops listed below and left a picture from his scrapbook that looks out of place. Can you help the High Street Traders find the missing pictures? The shops are located in **High Street, Broad Street & Island Road.** Can you locate all the misplaced items and fill in the form below... **GOOD LUCK!**



Entries to be received before 7th July, in any of the shops listed below.

Prizes: 1st £20 Voucher; 2nd £15 Voucher; 3rd £10 Voucher to be spent at any of the shops listed below.

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COWBRIDGE ADDS ON SOME EXTRAS, ALL GEARED TO THE SUMMER SEASON

COWBRIDGE is welcoming visitors this year to the new improved 2009 version - with all the features visitors know and love, but a host of added extras...

The popular features are all still going strong, including the wide variety of distinctive retail outlets, the elegant and relaxed ambience, the chance to wander around the nooks and crannies of the old market town, and the huge choice of places to

eat, whether it be quiet cafes, welcoming pubs, or stylish restaurants.

In fact, when it comes to eating out in Cowbridge, there is clear evidence to back up that old proverb 'every cloud has a silver lining'. The credit crunch has led to a price war among the local eating establishments - a price war that well and truly buries Cowbridge's reputation as being 'a little on the pricey side'.

Wander around the town and you will find special offers galore for



lunchtime and early evening dining, with two and three-course menus (and sometimes four or five!) all available at bargain prices.

Whether your preference is for Italian, Continental,

traditional local fare, Indian or any other style, Cowbridge's restaurateurs are not sitting back and bemoaning the eco-

nomie slowdown, they are working to keep old customers happy and attract new ones.

Something else new this year is actually, something of a surprise. It was a year ago that Camilla, Duchess of Cornwall, declared the town's Physic Garden officially open.

At the time, the guiding lights behind the garden warned that, because the plants would be native to the UK from olden times, some of the more brightly-coloured varieties would not be present.

The accent would be on plants that had been used for medicinal purposes, rather than a technicolour



ABOVE:
Eating out in the glorious sunshine is always that bit more special when in Cowbridge.

showpiece. Nevertheless, the classical layout of the garden proved to be a big success.

However, it looks as if the Physic Trust was being unduly modest, because the garden has turned out this year to be a riot of colour, and is proving to be a really popular feature in the town.

In fact, more than 80,000 people visited the Physic Garden during the year following that official opening.

Trustee Mike Meredith said that although admission to the garden is free, they carry out exercises in checking numbers attending.

"We reckon that we had at least 80,000 people from last May until now," he said. "And that's a conservative estimate."

"We are seeing large numbers of people coming in, especially at lunchtime when they bring their sandwiches and just sit and enjoy the peaceful surroundings."

"We are also attracting people of all ages which is good. People are saying that the garden is the best thing to happen to Cowbridge since the war."

The garden is now more or less a finished masterpiece, although some fine tuning of the plant-

ing is taking place. It is maintained by a rota of volunteers who give up their Thursdays to keep the garden in tip-top condition.

They are organised by Jackie Thorne, who is a paid officer, but the funding for this runs out in October. The garden will be run by the Garden Group from now on.

In fact, the project has been such a success, that the same trust is now putting together plans to make a similar transformation of the adjoining Old Hall Gardens.

Details of the proposed plans can be seen in the foyer of Cowbridge Library.

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Cowbridge's Physic Garden

In two years since its official opening Cowbridge Physic Garden goes from strength to strength, now attracting more than 80,000 visits annually.

Unique in Wales, the garden gained royal patronage last year when the Duchess of Cornwall became our Patron.

With the endorsement of Visit Wales, Cowbridge's Physic Garden is an outstanding example of imaginative development fashioned from the derelict remains of the grammar school's former kitchen gardens.

Organised and managed almost exclusively by volunteers the project depends entirely on the goodwill and support of the public of Cowbridge and the wider Vale.

All the plants in the garden pre-date the year 1800, reflecting the early development of medicines, many of which may be seen in the 12 parterres that illustrate how plants were first used scientifically to treat ailments affecting all parts of the body.

Thus the physic garden has a unique and special place not only for the connoisseur but also for the amateur including those who take simple pleasure in its calming tranquillity - a true jewel in the centre of the town open 364 days per year free of charge, though donations toward our upkeep are gratefully received and deeply appreciated.

Church Street, COWBRIDGE, Vale of Glamorgan
www.cowbridgephysicgarden.org.uk



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Cowbridge loyalty scheme will reward local shoppers

A LOYALTY card scheme is being introduced by Cowbridge Chamber of Trade. It is hoped that it will be launched in September – in time to boost the pre-Christmas trade.

The final details are still being discussed but

chamber secretary Emma Hartman of High Society said that the chamber had a number of exciting ideas to raise the profile of the town but the loyalty scheme is the main thing in hand at the moment.

"We have been looking at other schemes run by places like Monmouth. It will also benefit our local schools."

The chamber will invite residents and regular shoppers to pay £5 to sign up for the scheme. The loyalty cards will be sold through local schools, which will keep a proportion of that selling price for their own funds. The rest will go to the chamber to cover the setting up and running costs of the scheme.

Everyone who joins will get a starter pack, which will list the participating shops. It will be up to each business to decide what discount or offer to make available.

Eleri Long of Amici is the person working on this scheme for the

chamber and she said that the 'card' will actually be a key fob, which shoppers can produce when they do their shopping.

"It will be a one-off charge and the fobs will be available from shops and from the schools. Traders who take part will be able to put details of what they are offering on the chamber website.

"Stickers will be placed in the windows of the participating shops and it will probably be called the Cowbridge Loyalty Scheme or something along those lines."

They had been in touch with traders in Oswestry, where a

scheme has been running very successfully.

"It has increased footfall and trade. It has grown to a big scheme with three towns joining in. We hope that once it is up and running, we will also see the benefits here."

Ms Long said it will be up to each shop to decide what discount to offer: "We cannot have a blanket approach as businesses are so different. We could have a café offering something off a latte, for example, or a clothes shop offering a discount."

"It will be up to each trader to decide. The aim is to encourage people to shop in Cowbridge and support the town."

The chamber is also considering inviting a marketing student to help promote the town and they are also revamping the chamber website.

Ms Hartman said shops, restaurants and other businesses had responded positively to the credit crunch by becoming more competitive and offering customers better value.

"I see people offering special deals on meals and eating out, for example. The beauty of Cowbridge is that most of the businesses are locally owned and are run by their owners."

"That means that they can respond decisively to any situation and can be far more flexible than chain stores where decisions could be taken hundreds of miles away," she concluded.

Hairdressers battle it out in style for the Joshua charity

TWO Cowbridge hairdressers are turning their creative talents to fundraising – as part of the Haircut 100 challenge in aid of The Joshua Foundation.

On Saturday (June 20) salons from around south Wales, including Hair Business and Fich + Ramous in Cowbridge, will be devoting their day to raising money for the children's cancer charity.

Haircut 100, the brainchild of chief executive of The Joshua Foundation, Sarah Cornelius, encourages hairdressers to turn their creative talents to fundraising and help to raise vital cash for the charity.

Sarah Cornelius said: "The idea of the day is to encourage hairdressers to have fun, while also raising money for a good cause. Salons from across Cardiff have signed up to the chal-

lenge day but the aim is to get 100 salons on board.

"They are being sponsored to wear fancy dress costumes for the day and going that extra mile for their customers, in the hope that they will donate money to the charity."

"We always emphasise the FUN in fundraising and just want everyone to enjoy themselves while helping a great cause."

"We are currently trying to raise money for our annual London Experience for 50 families of children with cancer."

The Joshua Foundation was created in September 1998 to provide holidays and experiences for children and their families where the child is diagnosed with terminal cancer.

The Joshua Foundation celebrated its 10th anniversary on December 4, 2008.

In just one decade, it has raised £5 million and helped more than 250 children.

For further information, or to enter the competition, visit www.thejoshuafoundation.co.uk or telephone 029 20 757020.

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## Flower festival will draw in visitors from far and wide

**I**T will be a case of saying it with flowers in a big way at Holy Cross Church next week. The church flower festival, which is held every few years, is taking place from June 24-29 and promises to attract visitors from all over south Wales.

The high quality of the floral exhibits draws in an expert audience of flower arrangers from a wide area, as well as local people who just enjoy the spectacle and colour.

Cowbridge is always filled with flowers in the summer with tubs, pots

and baskets in profusion in the streets but the efforts of everyone involved in the festival add that extra je ne sais quoi to the town.

The festival is launched on Wednesday, June 24, with a celebration of flowers, a demonstration of flower arranging with hymns.

It is led by flower-arranger Bob Harris, of Gloucester, who will make the final five arrangements to complete the decoration of the church.

Mr Harris has a large following and people will be most anxious to see his techniques. He gave a demonstration at the last flower festival in 2006. Admission to this event is £5.

From Thursday, the exhibition will be open to the public. The church is open from 10am-6pm and refreshments will be served by church members throughout the day. Admission is £3 with children free.

Church warden Pam Roberts said that the floral arrangements will be made by a variety of local organisations, flower club members, businesses and church members.

"We have a very strong flower club in Cowbridge and many of our ladies in the church are also members of this. We make an allowance from our flower fund to anyone interested in doing a display of up to £40, although not every-

one takes this.

"The money is used to buy the flowers needed for the display. Some people buy flowers while others may find suitable blooms and foliage in their gardens. It's up to each individual how they do it."

She said that church members raise money for the flower fund throughout the year and it was intended to ensure that people could provide quality displays and give them a helping hand with the costs.

Mrs Roberts said that the church has a band of very dedicated people who mastermind the flower festival. "It is a lot of hard work and we only have the energy to do it every few years. It takes a lot of effort."

On Friday, the exhibition ends at 5pm as a concert is being staged as part of the festival in the church. Cantorion Pontyclun (Pontyclun Ladies Choir) will be performing at 7.30pm. Tickets are £7.50.

On Saturday, the festival takes place from 10am-6pm. On Sunday, the exhibition is open from 12 noon-6pm but at 4pm, a choral evensong will be held as part of the festival. This will be followed by an auction of the floral exhibits.

Trips are expected during the week from flower clubs throughout south Wales and the



ABOVE: An image from last year's Flower Festival.

theme of the festival is very appropriate - Say It With Flowers.

All the profits from the event will go towards the Holy Cross Restoration Fund.

"People look forward to this festival," added Mrs Roberts. "It is extremely popular and enjoyed by lots of people including those who have nothing to do with the world of flower arranging."

The refreshments are being provided by church members from throughout the parish who serve on a rota. Homemade cakes and scones will be served, along with tea and coffee.

## Cowbridge architect offers expert advice

**C**OWBRIDGE based architect Don Mitchell is offering local homeowners a chance to get some expert home advice, while raising funds to support Shelter, the housing and homelessness charity.

Don Mitchell, based on the High Street, is taking part in *Architect in the House (AITH)*, a partnership between the Royal Institute of British Architects (RIBA) and Shelter.

The scheme gives people across the Vale the opportunity to book an hour-long consultation with an architect to discuss anything from a loft conversion to a major renovation project.

In return, homeowners are asked to donate a minimum £40 to Shelter, helping people whose lives are being damaged by bad housing.

Don Mitchell said: "Whether you've been considering an improvement to your home but haven't looked into it, or have

just never thought of using an architect, this is the scheme for you.

"Architect in the House offers a first step towards making a positive change to your home, while helping less fortunate families trapped in bad housing to find and keep a home of their own."

"This is a great opportunity to see what an architect can do for you and your home; creating a totally tailored solution for your living needs, and not just the drawings for your new home or alteration."

Whether your home is big or small, we want you to get involved."

The Council of Mortgage Lenders predicts that 75,000 homes in the UK will have been repossessed by the end of 2009.

With nearly two mil-

lion families awaiting social housing, and a chronic lack of affordable homes to rent, Shelter's services for people in need will be stretched to the limit in the months ahead.

Architect in the House is now in its 13th year, and has raised more than £800,000 to date.

The money goes towards helping out in seven children in Britain who are living in bad housing, directly improving their education, health and happiness.

To find out how an architect can breathe new life into your home sign up to [www.architectinthehouse.org.uk](http://www.architectinthehouse.org.uk) until July 1.

Architects interested in volunteering their services can also sign up at [www.architectinthehouse.org.uk](http://www.architectinthehouse.org.uk).

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## Sunrise Renewables say docks are 'best location' for biomass plant in the town

Sunrise Renewables (Barry), which wants to build a biomass plant in the town, insists that the docks area is the best possible location for such a development.

A Sunrise Renewables spokesman told The GEM "The location is ideally situated to provide heat and power for the remaining 2,000 homes planned for the town's Waterfront development.

"The infrastructure necessary to provide these services can be installed without any disruption, and its presence will help these homes meet the new exacting sustainability targets demanded for new residential developments."

The spokesman pointed out that the plant would also provide electricity for the National Grid, other homes in the area or the local authority if required.

He went on: "The plant's location is at least 360 metres away from the nearest existing housing in Dock View Road – almost quarter of a mile.

"There are a number

of similar developments elsewhere in the UK including ones at Hull, St. Helens, Middleton, Caernarfon, Wellingborough, and Widmerpool where housing is significantly nearer the site.

"The plant is designed to have minimal visual intrusion; it will look like an industrial building and its site is well below the line of Dock View Road.

"Currently, the site is classified as being brown field, is contaminated and has an unsightly industrial use."

A Vale Council planning committee was due to discuss the issue of the plant at a meeting today (Thursday, June 18).

Dr Ian Johnson, the Plaid candidate for the Vale, said he had written to the council to express his reservations over the proposed plant.

He said: "The officers at the Vale have recommended accepting the plans, with 27 conditions attached.

"However, I do not believe that these conditions in any way meet the very valid concerns of local residents about the impact of this plant.

"My letter draws attention to 13 different

issues that have been raised either in conversation with local residents or at my public meeting with Jill Evans MEP at which both local residents and environmental campaigners such as Vale Friends of the Earth attended and presented their worries about the plans put forward."

Vale councillor Chris Elmore, who is opposed to the siting of the plant, said: "In the report issued by officers at the planning committee in May, it clearly states that the 'site is located no greater than 250 metres from the existing residential properties on Dock View Road which overlook the site'.

"I am out most evenings with residents who are collecting more signatures from householders who have concerns and are opposed to the development going ahead as it is so close to housing.

He added: "I am also concerned that the plant, if approved, will have a detrimental effect on Barry and in bringing any future investment in the form of retail and eateries to the Waterfront."

## 'INSPECTORS DID NOT LOOK AT THE PAST PAPERWORK...' Bridgend Borough Council admits to failings after report into e-coli outbreak

**THREE more environmental health inspectors are to be employed by Bridgend County Borough Council (BCBC) in the wake of the e-coli outbreak and inquiry.**

The BCBC cabinet has accepted a wide-ranging report and its recommendations, which form the council's response to the findings of the e-coli inquiry.

The report, which went before cabinet on Tuesday, outlined the recommendations made by the inquiry into food inspection procedures, and lays out how the authority has responded to them.

The inquiry was set up to look into the widespread e-coli food poisoning that broke out in south Wales in 2005, and resulted in the death of five-year-old Mason Jones.

Contaminated meat was served at school dinners in a number of south Wales schools.

The report states that its purpose is to ensure that the authority plays its part in ensuring that the risk of another such outbreak is minimised.

The report points out that the public inquiry found that the outbreak occurred because of food hygiene failures at

the premises of John Tudor and Son in Bridgend, resulting from cross contamination of the food poisoning organism e-coli 0157 from raw to cooked meat.

The report states that the responsibility to prevent this cross contamination fell on William Tudor.

It goes on: "The inquiry found that documentation in the form of records was falsified and environmental health officers were lied to about practices, such as the use of vacuum packing of meat. This hampered the effectiveness of inspections.

"That said, in the opinion of the inquiry, environmental health inspections did not assess the effectiveness of the business's management of food safety as well as they could or should have done.

"This was hampered by insufficient systems for alerting other environmental health officers to issues or concerns for subsequent inspections, the deceit of Mr Tudor and the failure of procurement (purchasing) departments to notify environmental health officers of the numerous food complaints that they had received in connection with meat supplied by John Tudor and Son."

The report says that flaws in the firm's hygiene plan should

### REPORT by JAYNE ISAAC

have been picked up and inspections failed "systematically" to assess the accuracy and effectiveness of the underlying documentation.

The report says that the process under which meat contracts were awarded by the council, and in joint contracts with other local authorities, was "seriously flawed" in relation to food safety. The system for recording complaints was also seriously flawed.

Since the outbreak, new procedures to flag up concerns at previous inspections have been introduced.

Before premises are inspected, the paperwork relating to the last two inspections is now checked.

The report added: "While the inquiry accepts that inspectors were lied to, were not supported by the provision of information regarding complaints, had taken the lead in developing proper procedures for inspection and were praised for the work undertaken in outbreak control, it is clear there were systematic failures overall."

The report states that there was direct criticism from the inquiry

which was personal to those staff who were not alert to warning signs in respect of machinery and documentation – which it is felt they should have been.

The issue of dual use of equipment, for both cooked and raw meats, was considered by the inquiry and it came to the view that they cannot be effectively micro-biologically cleaned between uses.

But until a blanket ban on the dual use of such equipment is brought in by law, the council will not be able to enforce this.

However, officers can check the cleaning procedures and do microbiological testing if necessary.

New procedures where meat is bought by education authorities and other public bodies are being brought in, and these include a clear complaints recording, monitoring, and action process.

The report recommended that inspection staff should undergo further training and development, and this training should apply to all staff, including managers.

The council claims that there have been significant improvements to its processes since the outbreak.

Paper-based systems have been developed to ensure "Red flagging" and similar work is under way on an elec-

tronic system.

The cabinet heard that it will cost an extra £115,000 a year to employ three additional inspectors and other costs, including training and equipment, means that a total extra cost of £161,776 has to be found.

The cabinet has agreed to provide this extra money and to monitor progress in the implementation of these recommendations.

Council leader Mel Nott said he wanted the scrutiny committee to also monitor progress of the action plan and make recommendations to cabinet in respect of further requirements from the Welsh Assembly Government, or other regulatory bodies.

Coun Nott said that it was important to remember that a child lost his life as a result of this outbreak, and others were, and remain, severely affected.

"While the inquiry placed the blame for this outbreak on John Tudor & Son, this authority was also criticised and we made a pledge to the public to bring this public report to cabinet.

"I said at the time that we owed it to Mason Jones to learn lessons from this outbreak, and to do all we can to ensure that this does not happen again," Coun Nott concluded.

## What's On and Where

**Blood donors**  
THE Welsh Blood Service will hold two donor sessions in Cowbridge next week.

Sunday, June 21 (10am-4pm) and Monday, June 22 (10am-6pm), both at Cowbridge Leisure Centre.

For further information telephone 0800 252266 or visit [www.welshblood.org.uk](http://www.welshblood.org.uk).

**Chrysanths AGM**  
BARRY & District Chrysanthemum Society's annual general meeting takes place on June 23, at 6pm, at

Salem Baptist Church hall, Beryl Road, Barry.

**Tax help**  
ON June 25, Inland Revenue tax help desks will be at the Healthy Eating Shop, Age Concern, Holton Road, Barry (10am-12pm and Room 2 ground floor, Council Offices, West House, Penarth (1pm-3pm).

For further information contact Julie John, Cardiff Tax Enquiry Centre, Ty-Glas, Llanishen, Cardiff, CF14 5FN; telephone 02920 326506.

**Christian musical**  
ON Friday, June 26, a Christian Musical is being staged at arry Memorial Hall.

Rock, the story of Simon Peter was written by Roger Jones under the Christian Music Ministries.

A local choir, trained by Dot Connell, will be joined by a similar choir from Pontypool for the performance.

Roger Jones will conduct an will bring along dancers, soloists and musicians. Doors open at 7pm; tickets £6.50.

### SPORTS NEWS FROM COWBRIDGE COMPREHENSIVE SCHOOL

## Under-15 cricketers are too strong for plucky Cathays School opposition

**COWBRIDGE** kicked off their Cardiff and Vale under-15 Cup run with a comfortable win over a spirited Cathays School.

Deciding to bat, captain Joel Gehler sent in openers, Will Antoni, year-9 (45 runs) and Tom Francis (26 runs) who produced a commanding 71 partnership.

It was skipper Gehler who was next to take the field, showing his international class with an impressive 39 not out. Alex Kurobasa hit a steady 21 before being caught from two wickets in hand. Another 10 runs and the result would have been reversed.

Suddenly, it appeared that Cowbridge may yet win, but the tail enders hung on and Port Talbot finished with two wickets in hand. Another 10 runs and the result would have been reversed.

Cathays innings was a short-lived affair. Jack Davies 2-21 off four overs, Moorcraft 1-8 off two overs, Gehler two maiden overs with two

wickets. **Final score:** Cowbridge 158-5, Cathays 62-all out.

It was a good all-round display from the players, who will look to progress in the next round.

**ATHLETICS**

**FOUR** Cowbridge teams competed in the first round of the Knock Out Athletics cup in Jenner Park on Thursday, June 4.

The afternoon got off to a flying start for the Cowbridge athletes, winning seven out of the eight hurdles races. This fine form continued throughout the course of the competition, enabling Cowbridge to run in the following first place results:

**Under-14 boys**  
**First in A competition:** H Thomas – hurdles 12.8; G Griffiths – long jump 4.64; C Brace – 800m 2.37.

**First in B competition:** W Rosser – hurdles 14.7; J Whittingham –

200m 28.6; C Powell – long jump 4.19; R Cogan – discus 18.00; R Elms – 800m 2.42; J Whittingham – javelin 27.68.

**Under-16 boys**  
**First in A competition:** J Williams – hurdles 12.9; J Laidlaw – 200m 25.4; O Beamen – 1500m 4.46; L Hopkins – discus 24.80; J Thomas – high jump 1.50; J Laidlaw – triple jump 11.23.

**First in B competition:** L Jerwood – hurdles 14.2; J Davis – 1500m 4.55; S Street – 100m 12.8; J Esquirol – 800m – 2.27; J Williams – High jump 1.50.

**Under-14 girls**  
**First in A competition:** R John – 200m 30.0; L Whitehouse – 100m 14.0; R John – long jump 3.77; J Carpenter – 800m 2.58; M Boxall – shot 7.12.

**First in B competition:** A Wallis – hurdles 13.8; C Allin – 200m 31.9; H Jones – discus 14.01; N Edwards –

800m 3.04; I Armour – shot 6.84.

**Under-16 girls**  
**First in A competition:** M Williams – hurdles 14.3; B Moorcraft – shot 7.94; K Bradbury – javelin 21.59.

**First in B competition:** G Jackson – hurdles 15.0; J Hayes – shot 7.79; G Jackson – javelin 19.87.

In addition, the under-14 girls also won their

relay race. As a result of such strong team performances, the under-14 girls team have qualified for the 'A' Cup Final on June 16 and the under-16 girls, under-16 boys and under-14 boys have qualified for the 'B' Cup Final on June 18.

We wish all the athletes luck in the next round of their competition.

## Volunteers go on beach clean up

**GRADUATES** from npower's power station in Aberthaw have adopted a stretch of coast and spent a day carrying out a local beach clean, under guidelines by the Marine Conservation Society (MCS).

They went on a litter picking mission, helping to protect wildlife in the area and supporting the MCS's campaign for cleaner seas.

Niall Moroney, team leader from npower, said: "The MCS has shown us that we can all do our part in protecting our beaches. Our work today mirrors our commitment to caring for the environment, keeping our beaches clean and safe for the next generation."

**THE Cowbridge thirds match with Port Talbot produced runs galore but sadly, no victory for Cowbridge, despite totalling 226 for their innings.**

There were several solid scores, Jon Brazier 24, Gethin Davies 26, Nat Eliot-Green 17 and David Webb 28 not out, but the real hero was Richard Owen with 40 including three successive sixes high into the trees bordering the cattle market.

Remarkably, no cars were dented and each ball was recovered. The total was achieved at 100 runs an hour, but

**WE welcome your news, views and sports reports. Please email them to [ggem@internet-today.co.uk](mailto:ggem@internet-today.co.uk)**

# Out and About with The GEM

## This is one Hangover that is worth suffering through!

**T**HE stag party, or bachelor party as it is known to our American cousins, is a right of passage that all soon-to-be-married men have to endure.

My own personal stag experience involved going paintballing, and watching the bridegroom being 'shot' over and over, simply because it was his stag - which saw us ending the night in a less than salubrious Swansea nightspot,

where the local males looked only slightly more intimidating than the females.

On the big screen, these parties have been a minefield of comedy, films such as the aptly titled *Bachelor Party* wringing the comedy from the drunken shenanigans that take place.

*The Hangover* is the latest film to do this, telling how three friends (Bradley Cooper, Ed Helms, and spell check nightmare Zach Galifianakis) not only manage to lose the

groom (Justin Bartha) two days before his wedding, but also how a stripper (Heather Graham), a baby, a missing tooth and a tiger belonging to Mike Tyson fit into a lost night.

The trio have to find the groom and work out just what exactly happened to them in Las Vegas...

Many of us have had a night where they can't quite remember what happened, with only themselves and the demon drink to blame for it.

Mix this with four men on a bachelor party and you have a raucous recipe for comedy that sits firmly on the bawdy side.

*The Hangover* doesn't fail to deliver on this premise, resulting in a film that is hugely hilarious and thankfully devoid of any third act, 'dealing-with-the-consequences' weight that often cuts the best comedies off in their prime.

Instead, writers Jon Lucas and Scott Moore are more concerned with fashioning a film whose only intention is to make you laugh hard, something they achieve in spades.

They are helped by superb direction from Todd Phillips and the efforts of a cast little-known but certainly capable of delivering the laughs; you could see the likes of Will Ferrell and Ben Stiller starring in this, but the film benefits from not being saddled with star names, allowing the comedy to come naturally from performances and situations.

Leading the field, performance-wise, is Zach

Galifianakis, who imbues the stereotypical 'weird guy' character with some wonderful touches.

Whether it's his man-bag, his dubious dress sense, or his Rainman-esque card counting abilities, Galifianakis makes the character more than just the usual range of tics and personality; hopefully, this will be a way into wider acclaim for an excellent comedian.

Bradley Cooper and Ed Helms offer more than capable support, the latter impressive as the put-upon man shaking off the straitjacket of his girlfriend to have fun, even if it means losing a tooth in the process.

The former does the laconic charm of an Owen Wilson effortlessly, chalking up another good turn for an actor due to break out sooner rather than later.

With the likes of Heather Graham, Jeffrey Tambor and Ken Jeong all offering up excellent support, the humour does sometimes feel a touch lowbrow, but it certainly doesn't smack of straining for laughs.

Director Todd Phillips, having sat in the chair of the likes of *Old School* and other comedies of that ilk, is perfectly at home here. *Old School* is perhaps the best reference point here, sharing with *The Hangover* the way males behave when in their own company, throwing off the shackles of adult life for another chance to revisit their youth.

The director certainly makes the most of the comparison, directing with the same verve and ingenuity that made that film so successful - and not in the style of his most disappointing foray behind the camera, 2006's *School For Scoundrels*, where he tried Xeroxing the more grosser elements of his

### SCREEN TALK



by GARETH JAMIESON

comedies in the hope it would paper over the cracks. Instead, *The Hangover* is the work of a director refreshed and rekindled with the spirit of making films that entertain and get you laughing, and that it most certainly does.

**VERDICT** - Maintaining its humour from start to finish, *The Hangover* is, without doubt, one of the best comedies of recent times.

Winning performances from the cast, including the scene-stealing antics of Zach Galifianakis, coupled with a screenplay that prefers comedy over moralising, means that this is a hangover that is well worth suffering through! *Recommended.*

## Handel's Water Music at St Donats Art Centre



ABOVE: The Welsh Baroque Orchestra, who will be performing at St Donats.

THE Welsh Baroque Orchestra has chosen a superb location (St Donats castle) to celebrate Handel, with one of his best-loved pieces, the *Water Music* on June 21.

The concert also includes Bach's *First Brandenburg Concerto*, and a new flute concerto by Andrew Wilson-Dickson, who directs the concert.

The concert starts at 3pm and tickets are available on 01446 799104.

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# Llantwit Major gets active at Activ8

## PHOTOGRAPHS by GLYN EVANS

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available from this event.

Pictures can be purchased  
by contacting:

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telephone 01446 773225.

*\*Now open in the Wool Barn,  
Verity's Court, Cowbridge.*

HUNDREDS of children and their parents attended the ACTIV8 event at Llantwit Major School last weekend.

The event was organised by Lynne Osborne, clusters co-ordinator for Community Focused Schools and she arranged a programme of activities, demonstrations and information about the wealth of activities available in the area.

"The event was bigger and better than last year," she said. "It kicked off (literally) with a football match when local police challenged our teachers. The final score was 3-2 to the police."

Ms Osborne said there was a great community spirit at the event when a variety of clubs and groups came together with everyone joining in.

Entertainment took place on stage at the school with martial arts demonstrations from local clubs, music from the Llantwit Major Youth Band and songs from students at Stage Door1.

She continued: "The cast of the school production of *We Will Rock You* gave a preview of the show being staged in July which was fantastic."

Young rugby players from the mini and junior rugby teams staged an elaborate Haka.

Taster sessions were also staged for a number of activities enabling children and adults to learn together. There was also an exhibition of poetry and art in the school with work from all the local primary schools.

The air cadets and young firefighters staged drills in the car park and Bro Radio did a live broadcast during the event which ran from 10.45am until 2pm.

Ms Osborne thanked everyone who took part.

"It only goes to show what can be achieved when communities work together," she said. "It also gave residents a good idea of what they and their children can get involved in."



ABOVE:  
Pupils' artwork was  
on display in the school.



# ACTIV8 OFFERS FUN THIS SUMMER!



**A**CTIV8 events are an opportunity for people in the Vale to discover the huge range of activities that are available on their doorstep.

The latest one at a sun-drenched Llantwit Major Comprehensive, organised by Lynne Osborne, clusters co-ordinator for Community Focused Schools, was the ideal shop window for organisations to show off what they have to offer.

As you can see from GEM photographer Glyn Evans' pictures both youngsters and adults got into the spirit of a great Activ8 day – learning about activities as diverse as acting, chess, poetry composition, art, rugby and judo.



## PHOTOGRAPHS by GLYN EVANS

Other pictures are available from this event.

Pictures can be purchased by contacting:

e-mail [glynevans01@tiscali.co.uk](mailto:glynevans01@tiscali.co.uk)  
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*\*Now open in the Wool Barn,  
Verity's Court, Cowbridge.*



**CARDIFF & THE VALE OF GLAMORGAN SCHOOLS' ATHLETICS ASSOCIATION ROUND-UP****Bro Morgannwg girls claim fourth title in a row!**

**AFTER** the disappointment of failing to retain their two Middle titles, the pupils from Bro Morgannwg bounced back at the Cardiff & the Vale Schools junior championships for pupils in year-8 and year-9.

The Barry school retained the girls' title for the fourth consecutive year.

In the boys' section, they were initially placed second behind the all-powerful Cardiff High team but, after sportingly losing 17 points after declaring that the winner of the walk, listed as Bro Morgannwg, was not from their school, they dropped to third behind Radyr.

Three of the pupils, who showed promise over the country last winter, claimed endurance titles.

Caitlin Bryant (The Cathedral School), the Cardiff & Vale Schools under-15 cross-country champion for the last two years, won the 1500 metres in a close fought race with Clare Horwood (Radyr) while year-9 Matthew Edwards (Barry Comprehensive) underlined how much he has improved by taking the boys 1500 metres.

Llantwit year-8 Lucy Tarrant was the fastest in the 800 metres time trials.

On the field, Matthew Roan (St Cyres), who had shown promise in the combined events championships, won the high jump with a 1.60 metres clearance while Tom Smith (Stanwell) and Lucy Taylor (Llantwit) claimed the triple jump and long jump respectively, and Bro Morgannwg's Fern Mason completed an unusual double, adding the u15 javelin title to her year-7 win in 2007.

There were two more Vale winners. Early in the afternoon, Aaron Reid (Barry Comprehensive) impressed with heat and final victories, in good times, in the 200 metres, while Nancie Edwards claimed the only Cowbridge victory at the end of the meeting in the 1500 metres walk.

The winners at these championships will receive their awards at the Cardiff & Vale Schools Track & Field Presentation Evening, which will be held at Cardiff High School on Tuesday, September 8, starting at 7pm.

Following this fixture, the under-15 teams will be selected to represent Cardiff & the Vale district at the Aviva Welsh Schools' National track & field championships, which will be held at Leckwith on Saturday, July 4.

**CHAMPIONSHIPS**

**Vale results: U15 Boys - Years 8 & 9 - 100: Ht 1 (ws -1.1) 1 Cameron Jones (Stanwell) 12.38; Ht 2 (ws -1.3) 1 Thomas Williams (Stanwell) 12.40; 6 Matthew Roan (St Cyres) 13.26; Ht 3 (ws -0.9) 3 Rhys James (Barry) 12.90; 4 Christian Walters (Cowbridge) 13.12; Fin (ws 0.0) 2 Cameron Jones (Stanwell) 12.09; 3 Tom Williams (Stanwell) 12.31**

**200: Ht 1 (ws -0.3) 2 Tom Smith (Stanwell) 25.55; 4 Frank Roe (Barry) 26.14; 5 Ben Ware (Stanwell) 26.50; Ht 2 (ws -0.3) 3 Michael West (Llantwit) 26.33; 4 George Hooper (St Cyres) 26.94; 5 Pat Frilles (St Richard G) 27.12; Ht 3 (ws +0.5) 1 Aaron Reid (Barry) 24.71; 5 Jack Pritchard (Bro M) 26.42; Fin (ws +0.9) 1 Aaron Reid (Barry) 24.62; 4 Tom Smith (Stanwell) 25.35**

**400: Ht 1 2 Wesley Burns (Bro M) 58.25; 5 Connor Doyle (Barry) 1:01.69; Ht 2 2 Rhys James (Barry) 59.24; Ht 3 1 Emyr George (Bro M) 57.78; Fin: 3 Emyr George (Bro M) 57.86; 4 Wesley Burns (Bro M) 57.92; 5 Rhys James (Barry) 59.07**

**800: 5 Huw Evans (Stanwell) 2:22.67; 9 Damien Robinson (Barry) 2:28.81; 12 Will Powell (Barry) 2:31.65; 13 John Conkey (Llantwit) 2:32.74; 14 Harri Williams (Bro M) 2:33.61; 15 Luke Wiltshire (St Richard G) 2:36.40; 16 Jake Bosza (Stanwell) 2:37.22**

**1500: 1 Matthew Edwards (Barry) 4:37.15; 3 Rory Heslop (Bro M) 4:48.19; 5 Callam Barrie (Barry) 4:54.54; 6 Dan Owen (Llantwit) 4:59.05; 8 Paul Jones (Stanwell) 5:07.26; 10 Sam Peterken (St Cyres) 5:08.04; 11 Morgan Preece (Bro M) 5:08.86; 13 Elliot Richards (Stanwell) 5:11.20; 15 Sam Corria (St Richard G) 5:16.53**

**80H: Ht 1 (ws +0.4) 2 Harry Hitchcock (Cowbridge) 12.98; 5 Josh Albertides (Barry) 14.79; 7 Nicholas Taylor (St Richard G) 15.03; Ht 2 No WS 2 David Parkes (Bro M) 14.16; 3 Ashley Wilson (St Cyres) 14.53; 4 James Griffiths (Cowbridge) 15.99; 5 Rob Jones (Stanwell) 16.92; Ht 3 (ws -0.7) 2 Wesley Burns (Bro M) 13.94; 3 Matthew Roan (St Cyres) 14.07; 4 Will Powell (Barry) 15.37; 7 Tomaz Phillips (Stanwell) 18.13; A Fin (ws +0.4) 4 Harry Hitchcock (Cowbridge) 13.82; 6 Matthew Roan (St Cyres) 14.10; 7 Wesley Burns (Bro M) 14.12; 8 David Parkes (Bro M) 14.19; B Fin (ws +1.0) 1 Ashley Wilson (St Cyres) 14.14; 6 Josh Albertides (Barry) 15.43; 8 Nicholas Taylor (St Richard G) 15.67**

**1500 Walk: 5 Tom Bellingham (Stanwell) 10:17.58; 6 Fraser Hodgkins (Stanwell) 10:17.60; 8 Daniel Wells (Bro M) 10:23.63; 9 Sam Peterken (St Cyres) 10:23.75**

**HJ: 1 Matthew Roan (St Cyres) 1.60; 4= Glenn O'Leary (Llantwit) & Josh Albertides Barry 1.50; 6 Ieuan Orin (Bro M) 1.45**

**PV: 3 George Connelly (Bro M) 1.80**

**LJ: 6 Rhys James (Barry) 4.72; 13 Christian Walters (Cowbridge) 4.57; 16 Wesley Burns (Bro M) 4.34**

**TJ: 1 Tom Smith (Stanwell) 10.87; 4 Will Powell Barry 10.45; 7 James Hendy (Cowbridge) 10.20; 10 Ioan Williams (Bro M) 9.92; 12 John Conkey (Llantwit) 9.74; 14 Ben Ware (Stanwell) 9.45; 18 Dafy Davies (Bro M) 8.98; 20 Joe Hudson (St Cyres) 8.62; 21 Mark Bolter (Llantwit) 8.54; 23 Nicholas Taylor (St Richard G) 7.09**

**SP: 2 Gus McPherson (Cowbridge) 11.06; 6 Ben Thomas (Bro M) 9.72; 7 Jack Austin (Llantwit) 9.56; 9 Jacob Harris (St Cyres) 9.30; 12 Dafy Davies (Bro M) 8.82; 15 Saeed Esa (St Cyres) 8.64; 18 David Evans (Llantwit) 7.81; 19 Matteo Holmes (Stanwell) 7.45**

**DT: 5 Jack Austin (Llantwit) 23.94; 6 Jack Pritchard (Bro M) 23.92; 11 Jacob Harris (St Cyres) 21.83; 16**

**Words: PETER MORRIS**  
**Photographs: IAN DIXON**

James Hendy (Cowbridge) 19.85

**HT: 7 Dafy Davies (Bro M) 18.88; 8 Jack Pritchard (Bro M) 17.68; 9 Matteo Holmes (Stanwell) 17.48; 10 Mark Bolton (Llantwit) 16.69; 12 David Evans (Llantwit) 14.40**

**JT: 2 Kieron Carpenter (Bro M) 32.99; 5 Sam Roberts (Cowbridge) 31.63; 12 Philip Stanforth (Bro M) 26.90; 13 Deon Garrison (Llantwit) 25.83**

**4x100: Ht 1 1 Stanwell 50.13; 3 Cowbridge 50.48; 4 Bro Morgannwg 52.27; 6 St Cyres 54.92; Ht 3 2 Barry Comprehensive 50.48; Llantwit Major disq; Fin: ; 3 Stanwell 49.65; 6 Cowbridge 51.35**

**Team: 3 YG Bro Morgannwg 172; 5 Barry Comprehensive 136; 6 Stanwell 128; 8 St Cyres 86; 12 Llantwit 82; 14 Cowbridge 74; 24 St Richard Gwyn 4**

**U15 Girls - Years 8 and 9**

**100: Ht 1 (ws +0.4) 2 Catrin Cosier (Bryn H) 14.07; 3 Zoe Stevens (Bro M) 14.18; 6 April Dee (St Richard G) 14.52; Ht 2 (ws +0.7) 6 Romy Killick (Cowbridge) 14.55; Ht 3 No WS 1 Maisie Matthews (Bro M) 13.62; 3 Lauren Drew (St Richard G) 14.12; 6 Chloe Phillips (Llantwit) 14.80 Fin (ws -1.0) 5 Lauren Drew (St Richard G) 14.18; 6 Catrin Cosier (Bryn H) 14.26; 8 Maisie Matthews (Bro M) 14.41**

**200: Ht 1 (ws +0.9) 2 Catrin Cosier (Bryn H) 28.34; 3 Zoe Stevens (Bro M) 29.31; 4 Lucy Taylor (Llantwit) 29.92; Ht 2 (ws -0.6) 2 Lauren Drew (St Richard G) 29.00; 5 Emma Worrell (Llantwit) 30.43; 7 Jade Argiriou (St Cyres) 31.38; Ht 3 (ws -1.4) 1 Maisie Matthews (Bro M) 27.99; 2 Carys Knapman (Bryn H) 28.78; Fin (ws -0.8) 2 Maisie Matthews (Bro M) 28.21; 4 Catrin Cosier (Bryn H) 28.73; 6 Carys Knapman (Bryn H) 29.19; 7 Lauren Drew (St Richard G) 29.69**

**800: 1 Lucy Tarrant (Llantwit) 2:34.03; 6 Aimee Price (Llantwit) 2:50.44; 7 Rachel Bradshaw (Cowbridge) 2:53.53; 12 Emily Thorne (St Cyres) 3:00.74; 14 Fern Mason (Bro M) 3:08.92; 15 Amy Wright (Bro M) 3:10.46; 16 Rachel Hignett (St Cyres) 3:19.54**

**1500: 1 Caitlin Bryant (The Cathedral) 5:17.27; 6 Megan Osborne (Llantwit) 5:32.01; 9 Fiona Bray (Cowbridge) 5:36.29; 2 Anthea Young (Llantwit) 5:54.72; 12 Danielle Green (St Richard G) 6:06.71**

**75H: Ht 1 (ws +0.4) 1 Chloe Phillips (Llantwit) 13.64; 3 Bethany Hawkins (Bro M) 15.11; 4 Katie Munro (Cowbridge) 15.15; 7 Chloe Whitlow (St Richard G) 16.45; Ht 2 (ws +0.3) 3 Bethan Flynn (Llantwit) 15.06; 4 Megan Thomas (Bro M) 15.44; 5 Caitlin Allin (Cowbridge) 15.48; 6 Annika Bugert (Stanwell) 15.60; 7 Elle Watkin (St Richard G) 17.01; A Fin (ws +0.5) 4 Chloe Phillips (Llantwit) 13.88; B Fin (ws +0.7) 1 Bethan Flynn (Llantwit) 14.71; 3 Bethany Hawkins (Bro M) 15.09; 4 Megan Thomas (Bro M) 15.32; 5 Caitlin Allin (Cowbridge) 15.40**

**1500 Walk: 1 Nancy Edwards (Cowbridge) 10:25.72; 3 Beth Allman (Cowbridge) 10:34.56; 9 Sophie Boyle (Stanwell) 10:54.47; 12 Laura Smith (Llantwit) 11:07.81; 13 Natalie Gill (Stanwell) 11:07.86; 15 Bethan Yapp (Bro M) 11:26.17**

**HJ: 3 Megan Thomas (Bro M) 1.40; 4= Maisie Matthews (Bro M) 1.35; 9 Rebecca Thomas (Cowbridge) 1.30; 10= Molly Frost (Cowbridge) 1.30; 15 Katie Mills (Bryn H) 1.25**

**LJ: 1 Lucy Taylor (Llantwit) 4.48; 3 Zoe Stevens (Bro M) 4.32; 9 Megan Thomas (Bro M) 3.84; 10 Danielle Green (St Richard G) 3.71; 13 Jessica Tidley (Cowbridge) 3.60; 14 Olivia Holt (Llantwit) 3.36**

**SP: 2 Lauren Drew (St Richard G) 8.12; 5 Jessica Hill (St Richard G) 7.78; 9 Danielle Boucher (Bro M) 7.42; 10 Leanne Kelland (Bro M) 7.35; 15 Elise Tyler (Bryn H) 6.59; 17 Amy O'Callaghan (St Cyres) 6.36; 18 Lucy Bason (Cowbridge) 6.36**

**DT: 2 Leanne Kelland (Bro M) 18.04; 4 Danielle Boucher (Bro M) 17.43; 5 Laura Howells (Cowbridge) 17.24; 8 Lucy Bason (Cowbridge) 16.07; 13 Jessica Hill (St Richard G) 15.04; 14 Bethan Flynn (Llantwit) 14.90**

**HT: 3 Danielle Boucher (Bro M) 18.32; 4 Leanne Kelland (Bro M) 16.39; 9 Michaela Harding (Llantwit) 13.30**

**JT: 1 Fern Mason (Bro M) 23.57; 2 Laura Howells (Cowbridge) 20.73; 7 April Dee (St Richard G) 16.45; 8 Aysla Clarke (Bro M) 15.50**

**4x100: Ht 1 2 Bro Morgannwg 55.68; 3 Llantwit Major 57.35; Ht 2 2 Bryn Hafren 56.53; 4 Cowbridge 57.92; 5 St Cyre's 1:01.47; Ht 3 5 St Richard Gwyn 59.23; Fin: 6 Bryn Hafren 57.52; 7 Llantwit 57.80; 8 Bro Morgannwg 57.93**

**Team: 1 YG Bro Morgannwg 215; 4= Llantwit 126; 6 Cowbridge 122; 12 St Richard Gwyn 78; 15 Bryn Hafren 50; 21= Stanwell 12; 23= St Cyres 8**

**Under-14 and under-16 Cup finals**

THE two Cardiff & the Vale Schools under-14 and under-16 track and field Cup Finals were staged at Jenner Park this week - the A final on Tuesday (June 16) and the B Final today (Thursday).

Following the six preliminary matches held to determine the schools, which qualify for the two finals, Bro Morgannwg was the only Vale school to qualify teams for the A final in all four sections.

They were joined by three Llantwit squads - both boys' teams plus the under-14 girls. Cowbridge (Girls) and Barry Comprehensive had under-14 teams in action.

Winners at the A final qualify for the NASUWT Cymru Welsh Schools Cup Finals, which will be held at Brecon on Wednesday, July 8, with second placed teams going forward to the Plate competition at the same venue on that date.

Vale representatives in the B Final include Cowbridge (u14 boys, u16 boys and girls), Bryn Hafren (both girls teams), Stanwell (u14 boys and girls) and u16 boys' teams from St Cyres and Barry Comprehensive.



**ABOVE:**  
**Lucy Taylor**  
(Llantwit) in action in the 200 metres heats. Lucy later won the long jump.



**ABOVE:**  
**Winner - Aaron Reid** (Barry Comprehensive) in the 200 metres



**ABOVE:**  
**Maisie Matthews** (Bro Morgannwg, 506), second in the girls 200 final.



**ABOVE:**  
**Eventual winners Lucy Tarrant** (Llantwit) already leads her 800 metres timetrial, which also includes Rachel Bradshaw (Cowbridge, 524), Rachel Hignett (St Cyres, 547), and Fern Mason (Bro Morgannwg, 505). Fern later won the javelin competition.

**LEFT:**  
**Bro Morgannwg team-mates Emyr George (115) and Wesley Burns (120) battle it out for third and fourth places in the 400 metres final.**



**ABOVE:**  
**Bethan Flynn** (Llantwit) on her way to a win in the B final of the 75 metres hurdles.



**ABOVE:**  
**Jessica Tidley** (Cowbridge) contests the girls' long.

**ABOVE: Matthew Edwards** (Barry Comprehensive) controls the 1500 metres on his way to victory. Also included in the race were Vale athletes Callam Barrie (Barry Comp), Rory Heslop (Bro Morgannwg) and Dan Owen (Llantwit).



**ABOVE: Barry4x100 - Last change for the Barry Comprehensive squad in the relay heats.**

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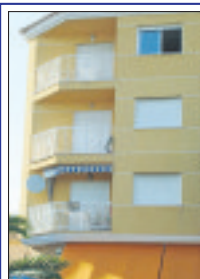
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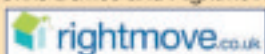


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under-13s home****CARDIFF and the  
Vale under-13s con-  
tinued their win-  
ning ways on  
Sunday when they  
defeated Mid  
Glamorgan at  
Greenwood Park.**On a very hot and  
sunny afternoon, Cardiff  
and the Vale batted first  
and made 221 for 5 off  
40 overs.Sam Wood hit an  
excellent 98, well sup-  
ported by Matthew Jacka  
(38) and Gareth Lennon  
(21).In reply, Mid  
Glamorgan stuttered at  
the start, losing four  
quick wickets for 15  
runs, but a fine partner-  
ship between Ashley  
Colston (32) and C  
Smeaton (46) took the  
score to a respectable 90  
before the remaining  
batting collapsed and  
they were all out for  
103.Harri Collier took 3-  
24, Scott Matthews, 3-  
24, and Matthew Marley  
2-13.

Cardiff and the Vale

**ABOVE: Sam Wood.**now face a tough week-  
end, playing Kings  
College away onSaturday, and Wiltshire  
at Cowbridge on  
Sunday.**THOMAS CARROLL VALE OF  
GLAMORGAN MIDWEEK  
CRICKET LEAGUE ROUND-UP****Barry Internationals win  
with three overs to spare****WITH the weather  
fair, 2008 champi-  
ons Barry  
Internationals  
opened their  
account with a  
seven wicket win  
at Llantwit  
Cavaliers.**The Cavaliers won  
the toss and elected to  
bat first, but the open-  
ers found batting hard  
work as the ball stayed  
low and it wasn't long  
before the first wicket  
went down - James  
Snelson falling to a  
stunning catch behind  
the wicket.Afzar came on to  
bowl and found alarm-  
ing turn and bounce as  
he bamboozled the top  
order batsmen; he fin-  
ished his spell with two  
wickets for five runs.After 12 overs the  
Cavs only had 31 runs  
on the board and a very  
low score looked on the  
cards.Mike Wood (bowed  
for 45) and Gareth  
Morgan (caught for 15)  
batted sensibly, hitting  
the bad ball to the  
boundary and managed  
to get the Cavaliers to a  
respectable score of  
100 for the loss of six  
wickets.Varuna and Salem  
came out to bat for the  
Barry Internationals  
and put together a fine  
opening partnership  
before Varuna was  
bowed by Matt  
Prudham for 27.

Salem went on to hit

a steady 50 not out as  
the Internationals won  
by seven wickets with  
three overs to spare.At St Mellons,  
league leaders Lisvane  
continued their fine  
form and racked up an  
impressive 183-5. Greg  
Edwards top-scoring  
with 78.On another night,  
Wanderers reply of  
146-7 would have been  
good enough to win  
most matches. Not this  
time though. Despite 67  
from Stuart Jones and  
30 from Jamie Keir,  
Wanderers fell short by  
37 runs.Luke Jones returned  
3 for 24 for the Cardiff  
team.Dinas Powys made  
the short trip down to  
Barry Island to take on  
Barry Athletic's young-  
sters and returned home  
with a 64-run win.Dinas batted first and  
slipped to 57-5 after 10  
overs.However, a steady  
partnership of 66  
between Dani Zaman  
and Miles Wilton led  
them to a respectable  
134-6, with Dani  
Zaman top scoring on  
41. Best bowling for the  
home side was opener  
Callum Twomey who  
returned 2-21.Barry Athletic began  
the run chase slowly,  
contained by Steve  
Bussell and Mike  
Lowe, Bussell collect-  
ing two wickets.However, the star of  
the Dinas bowling attack  
was Neil Islam, whorecorded excellent fig-  
ures of 4-11 off his four  
overs.Only Ashley Baker  
showed any resistance,  
scoring 20 before being  
caught out.With Zaman complet-  
ing a good night's work  
by taking 2-11, Dinas  
wrapped up comfortable  
victory, despite not  
being able to bowl the  
opposition out.A low, slow Wenvoe  
wicket saw a low scor-  
ing game between  
Tynewydd Strollers and  
Fontygary.The Strollers won the  
toss and batted first but  
could only muster 93,  
with seven batsmen  
being clean bowled,  
many to the dreaded  
shooter.John Gee top scored  
for the Strollers with 23  
after being promoted to  
a rare opening slot.Fontygary fared little  
better and were bowled  
out for 87 giving the  
Strollers a six-run win.Ethan Fiddler took 3-  
14 and Steve Oram's  
leg-spin bringing 3-20.Two individuals  
shone out. Fonty's Matt  
Thomas backed up his  
3-7 with a fine 43, while  
Tynewydd's super-veteran  
Derek Allen, aged a  
princely 63 and quite  
likely the oldest player  
in the league, scored 17  
and bowled his four  
overs for just nine runs.Finally, Creigiau  
defeated Cogan by 11  
runs in a close game at  
Penarth.

## Situations Vacant

## Father's Day

## Articles For Sale



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Closing date: 2 July 2009.

Subject to # Job Evaluation and \*CRB Disclosure.

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## Public Notices

**Cowbridge (Ancient Borough)  
with Llanblethian Town Council**

Notice is hereby given that the following Vacancy exists on the above named Council.

### COWBRIDGE WARD

The council, in accordance with Section 21 (1) (a) Representation of the People Act 1985, shall fill this vacancy by way of co-optation.

Any Local Government elector who is interested in the possibility of being co-opted onto the Town Council should inform the undersigned in writing no later than than

**1.00pm Friday 3rd July, 2009.**

\*Please note that it is not a requirement to reside within the Ward.

Dated this 18th June 2009.

Andrew Davies, Town Clerk,  
Cowbridge (Ancient Borough) with  
Llanblethian Town Council, Town Hall,  
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## Birthdays

**Julia Westall**



**Happy 60th  
Birthday  
on 17th June**

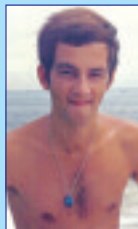
All our love,  
Roger, Vicky, Sally,  
Hannah & all the family.

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## KEN BATES

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Karen and all the  
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Heaps of love,  
Diane x x x x

**Jason Morgan**  
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All our love, hugs and kisses.  
Your No.1 boy Theo  
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# Pontyclun youngster sees double as he sets sights on FutureStars



ABOVE: Matthew Kamal.

**PONTYCLUN'S Matthew Kamal met the two best doubles players in the world, Bob and Mike Bryan, at the AEGON Championships on Tuesday when the brothers took time out to hit with eight AEGON FutureStars.**

The 12-year-old, who plays his tennis at Esporta Cardiff, was given a tour of Queens Club prior to meeting the star players, along with the other AEGON FutureStars.

The AEGON FutureStars programme was devised to help nurture and develop young talent across Britain, aiming to produce the next generation of top players through identifying talent in the sport at an early age.

The 31-year-old twins from California then put the youngsters through their paces with drills at both the net and baseline.

"It's been good to play with two of the best players in the world and I will probably follow them from now on," Matthew said.

"I am very proud to be a FutureStar and would like to be a professional when I'm older. It makes me feel good and confident to know that I'm good enough as I am in the AEGON FutureStars programme.

"It's fantastic to see the Bryans on television and then meet them in real life and also have the opportunity to hit with them, that was very special.

"They taught me that hard work will get you to number one so that's what I intend to do. I also learnt about good positioning on the court and how important communication between each other is."

The Bryans won the US Open in Flushing Meadows last summer and then began this season with victory in Melbourne Park to pick up the Australian Open title.

## Local trainer's double glory

by BRIAN LEE

**LLANCFARFAN** trainer **Evan Williams** sent two horses on the long journey to Market Rasen last Friday and won with both of them.

His *Mickmacmagole* won the Market Rasen Races Co. UK Handicap Hurdle under Cowbridge's James Tudor and his *Mr Robert*, partnered by Donal Fahy, took the next race on the card, the Market Rasen Novices' Hurdle.

The former won at odds of 11-2 and the latter went off a 13-2 chance. Those punters who backed them in a £1 double would have picked up £45.50.

Three Welsh riders rode winners at the recent Newton Abbot meeting.

Cowbridge's Deano Coleman was successful on the 4-1 favourite *Tank Buster* for Aberthin's

Tim Vaughan, Ogmore's Christian Williams won on the Paul Nicholls' trained *Classic Swain* and west Wales' Isabel Tompsett, who recently rode her first double under rules, won on *Olvinio* for Bargoed's Bernard Llewellyn.

Isabel, thanks chiefly to the Llangenor mare *Chesnut Annie*, who won all her ten point-to-points this season, has retained her Welsh point-to-point riders' championship.

Rhys Hughes, assistant trainer to Tim Vaughan, also retained his Welsh riders' title with a personal seasonal best of 22 wins.

Isabel rode a total of 14 winners.

The West Wales area is planning to hold a club Point-To-Point in January 2010 and in order to gauge the support it might receive, a special meeting at Nant-y-ffin, Llandissilio is being held on July 1 at 7.30pm.

## Sully RFC under-16s are honoured at ceremony

**SULLY SPORTS** RFC under-16s recently held their end of season presentation.

The evening was a success, as has been the rest of the season.

The majority of this squad have been together for a good few seasons, indeed some players since the club formed the junior section at

under-9 level.

The age group has gone from strength to strength and is relishing the challenge which will be offered by the step up to youth rugby.

Training has already started, and members are currently meeting at the Boys School on Thursdays at 6pm, new/old players welcome.

Thanks go to Robert Sidoli for presenting the trophies.

Most improved player went to Jordan Lupton, Clubman to Andrew Townsend, Player of the Year (as voted for by the players), Harry Moyle.

Special awards went to the Tourist of the Year, an award to the person/s who immerse themselves in the tour ethos, Tom Moffet, Luke Booker and Calien McKinnon (another award voted for by the players, all three registering the same number of votes).

A special achievement award went to Efan Ellis who represented Wales in rugby league.

The highlight of the season was of course the tour to Ireland, but what goes on tour stays on tour so we can't tell you about that!

John, Barrie and Jay would like to say a massive thank you to the boys for their commitment.

JOHN MOYLE

## Llantwit Major bowlers have that winning habit

**ON Wednesday, Llantwit played Barry Plastics in the Munro Cup, winning on three rinks, 70-52.**

Alan Gibbard's rink were always in control forging ahead from the start. With Llantwit's skip and lead having already played in the afternoon there were some tired bodies by the eighteenth end, which resulted in a six shot win.

Norman Scouse's rink had the misfortune to be

up against Plastics' strongest rink, with a good lead giving the opposition a good start, but despite this Llantwit put up a good fight to lose by only four shots.

Danny Ahearne's rink started well and continued in the same vein, with the Plastics coming back to win the last four ends.

Neville Young's rink had a weak side against them, with Bert Cook getting in some good shots Plastics were always struggling; on top

of this Arthur Hayes had a bizarre shot which was more like a billiard shot, cannoning off two bowls ending up behind the jack to the amazement of all.

Rink scores - Alan Gibbard 16-10, Danny Ahearne 20-13, Norman Scouse 14-18, Neville Young 20-11.

On Saturday, Llantwit played their second league match when Cardiff West End were the visitors.

Llantwit took maximum points in a 87-65 win.

Alan Gibbard's rink were always in contention after John Ball warmed up and found the correct length to bowl, giving Llantwit its best win.

Charles Hiscock's rink surged ahead from the start, which looked odds

on for a runaway win until the final few ends when West End clawed back some shots.

Neville Young's rink were in dire trouble at the start, with West End's back end players playing with straight woods and taking Llantwit's bowls out of the head.

Then everything changed on the thirteenth end when Llantwit picked up a four to take the lead.

Changing to a long jack made the difference and Llantwit were never in trouble again.

Danny Ahearne's rink had a titanic struggle. Never in total command, they battled on to win by one shot.

Rink scores - Alan Gibbard 23-13, Charles Hiscock 24-18, Neville Young 21-16, Danny Ahearne 19-18.

## Cricket festival for Llantwit Major under-9s

**ON SUNDAY, the Llantwit Major under-9 team hosted their first festival at Windmill Lane, with three of the top Cardiff and Vale clubs visiting.**

Batting proved harder than last time and the players struggled against tight bowling and a variable pitch.

In the first game Penarth kept the Llantwit total to 209.

After a quick interval discussion Llantwit went out and showed how they can bowl and field, with some accurate bowling and enthusiastic fielding restricting Penarth to 194, winning by 15 runs.

In the second game Llantwit scored 226 against Whitchurch Heath.

Whitchurch proved more of a test, but the Llantwit players kept their cool to close the game out by 6 runs.

Game three was

against the big guns of Cardiff.

Llantwit struggled throughout with the bat, ending their innings on 194. However, Llantwit pushed Cardiff all the way and from the mid point, Cardiff shut up shop with the intention of not losing wickets.

The Llantwit players put in a mighty effort but in the end Cardiff ended on 210, thus winning by 18 runs.

This was an excellent day for the Llantwit Major under-9s, winning two games against some of the premier teams of the area.

Thanks to all the players for their efforts and to the parents for the most vocal support of all the teams.

Llantwit Major squad: Joe Baker, Josh Bush, Moses Gee, Nick Harris, Lloyd Richards, Ellis Simon, Sam Snaith, Ieuan Williams, Jac Wisenden.

PH

## Brothers help Barry to win

**BARRY Wanderers' second team looked to keep up their fine recent run with the long trip up the valley to Blaenau.**

The home side batted first and were restricted to a paltry 101 all out. Pick of the bowling was club president Mike Ashton with 4-21, and club chairman Rob Tucker with 3-18.

Other contributors were Mark Ellis, Elwyn Toozier and Tom Ridgwell. Ellis was unlucky that after trying to take a stunning catch, he broke a finger.

Ridgwell superbly tipped one of Ashy's loose ones over the boundary for six and with Chris Barnes also

among the droppers, the target could have been lower.

Two brothers playing for Blaenau each did their stint of umpiring, and in doing so both gave each other out - dubiously lbw!

The Wanderers reply began with Chris Sanders alongside Luke Denning.

Colin Rowlands chipped in with a useful 12, Ridgwell with a supportive 18 not out and the impressive Devanka Pathak, with 47 not out, helping steer the Wanderers to a great six wicket win.

The first team were successful, also by a margin of six wickets mainly thanks to 67 not out from Ed Sherriff and a useful 24 runs from Jimmy Hassett.

## Barry's brothers in arms will compete for Wales in Japan

**BROTHERS Sensei Lee and Sempai Spencer Bennett fly to Japan later this month to represent Great Britain, Wales and The Rising Sun Kyokushin Karate Club at the World Full Contact All Japan Kyokushin Union Championships in Osaka.**

The two instructors have had their work cut out over the last six months running the club at the YMCA HUB, working full time jobs and having to fit training in up to three times a day, six days per week to be able to keep up with the standard of competition.

It is their second time in Japan in two years, as last year the same tournament was held in Okinawa, where the brothers were unlucky not to reach the later

stages. Sensei Lee will be competing in the under 67.5kg category. He commented: "Last year, after beating a South African opponent in the first round, I had a bad decision against the current world champion after an extension round. Taking sixth place wasn't my ideal result, and I am much more determined this time around, and feel much stronger than last year."

Sempai Spencer has moved up to the 67.5kg-77.5kg middle weight division, after putting on seven kilos over the year. He stated: "I was in the under-67.5kg category last year and I didn't feel at my best. I lost a lot of weight for the competition and couldn't find my feet, yet I almost knocked my Russian opponent down with a good head kick, though he came back and seemed to have a bit more strength than me towards the end of the



ABOVE: Barry's karate brothers are off to the world championships.

contest. "I went the full distance, but I thought if I was a bit heavier this year I would be able to hit with my natural weight and feel stronger."

Spencer is a second Dan black belt, is number one in Wales and also the current British Lightweight Full contact champion at under 70kgs.

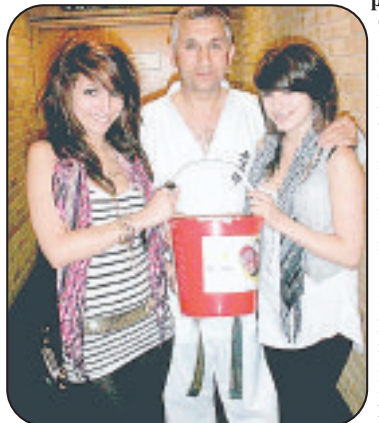
The Kyokushin Karate Duo teach and

train at Barry YMCA HUB. All instructors hold CRB checks, are first aid qualified and licensed with KSK (Kyokushin Schools of Karate), and also affiliated to the WKGB (Welsh Karate Governing Body).

For more information, contact Lee on: 07861 699476 or visit the club website at [www.rising-sun-kyokushin.co.uk](http://www.rising-sun-kyokushin.co.uk)

## New karate course is hailed a success

**THE 'Karate Extravaganza' Penarth Leisure Centre recent-course which took place at ly was a big success, with people attending from all over Wales.**



ABOVE: Elena Costa, Lee Costa 6th Dan and Sofia Costa with donation bucket.

There was expert tuition by top names in Welsh Karate, including British and European champions, former national coaches and the squad manager for Wales.

The instructors would like to thank everyone who turned up and helped make the course become so successful.

While the course was taking place, instructor Lee Costa's two daughters raised more than £120 from spectators for Ty Hafan, the children's hospice charity.

For more information, see website [www.karate-jutsu.org](http://www.karate-jutsu.org)

# WHO WANTS TO BUILD WHAT AND WHERE IN THE VALE

Mr Geoff Wood – **Stoney Bank Farm, Broughton Road, Wick** – the erection of a slate roofed glass fronted link between Barn A and Barn B (both barns previously approved for residential use) at Stoney Bank Farm (previously called Westard Farm). Mr R Jones – **4 Cwrt Llanfleiddan, Llanblethian, Cowbridge** – Alteration and extension of dwelling to form changing room over garage. Mr and Mrs Harris – **Redlands Farm, Bonvilston** – proposed extension to existing farmhouse to form farm office and additional bedroom. Mr Hulin – **Wenove Community Centre, Old Port Road, Wenove** – extension and alteration works to create a new kitchen to the north and west elevation. Tabernacle Baptist Church – **25 Clive Place, Penarth** – installation of new PVC-u white vertical box sash windows to the front of the property. Mr Julian Franks – **27 Arlington Road, Sully** – single storey rear extension. Mr and Mrs Stephens – **3 Bowmans Well, Cowbridge** – demolition of existing garage, proposed garage with shower and utility room to ground floor, additional bedroom and shower room to first floor.

Mr David Jones – **Sunny Croft, College Terrace, College Street, Llantwit Major** – two storey extension providing bathroom and store. Mr Christopher Powell – **1 Wolfe Close, Cowbridge** – two storey front extension with extended side dormer. Mr Colin Asbrey – **12/13 Laburnum Way, Dinas Powys** – fell (T1) Lawsons Cypress; fell (T2) Lawsons Cypress and reduce upper crown by 1.5-2m and reduce limbs over lawn by 2-3m (T3) oak. Wordley Productions Ltd – **2 High Street, Penarth** – erection of rear extension, dormer window, balconies, new windows/doors and velux rooflights. Mr and Mrs Rosier – **Sevenoaks Fish Farm, Talygarn, Pontyclun** – permanent change of use to residential and office use. Mr Stephen Darker – **5 Robinswood Crescent, Penarth** – dismantle existing conservatory to rear of property and erect single storey flat roof extension. Mr David Williams – **Crackhill Motorcross, Crackhill, Colwinston** – change of use to motorcross practice track. Mr Clifford Dye – **1 Windsor Road, Penarth** – proposal to build a small extension adjoining a modern extension to the rear of the listed building,

which will serve for the installation of two new Automated Teller Machines (ATM). Mr Ken Holland-Hannen – **Flat 1, 8 Royal Buildings, Penarth** – conversion of existing monopitch roof to new terrace to rear of property to provide amenity space to first floor flat. Mrs C Freeman – **Corner House, Llyswoyney** – fell a contorted hazel. Mr Bassam Fallas – **46 Walston Road, Wenove** – addition of first floor bedroom and en-suite above existing garage. Mr Jeff Thomas – **Barry College, Colcot Road, Barry** – over-roofing and replacement of existing facade at Block A. Mr Andrew Bowen – **land at rear of Dow Corning site, Cardiff Road** – an above ground control kiosk (2m x 0.825m x 1.8 high) and vent pipe with provision for an improved access road within the existing site, located within a new palisade fenced compound. Mr Kennealy – **178 Port Road East, Barry** – proposed conservatory to rear. Mr Mathew Attanasio – **109 South Road, Sully** – to remove an existing velux window and construct a dormer window in its place. The dormer will have the same roof materials as the existing and have a gable frontage.

Fitz Project Management – **72 Pontypridd Road, Barry** – two new dormer windows into roof of existing dormer bungalow. Ms Susan Davies – **Little Mill, Cog Farm, Cog Road, Sully** – erection of freestanding garage/store to rear garden. Mr Thomas Prichard – **Argoed Isha Quarry, Llanharry** – change of use for Argoed Isha Quarry to be used as a training centre for CPCPS operator training. Mr Thomas Prichard – **Argoed Isha Quarry, Llanharry** – process existing stockpiles and loose material with crushing and screening machinery, and remove from site. Mr Wayne Jones – **21 Liscum Way, Barry** – loft conversion with dormer to rear. Mr Hugh Cory – **Homri Farm, St Nicholas** – alterations and extensions to existing dwelling and new garage. Mr Mark Andrews – **Sutton Mawr, Weycock Road, Barry** – conversion of existing stables/barn to bed and breakfast accommodation and erection of wind turbine. Ms Lisa Edwards – **Keepers Cottage, 1a Grove Terrace, Penarth** – proposed entrance porch. Mr Paul Morris – **18 St Athan Road, Cowbridge** – two storey

front extension (squaring off) garage conversion to living space. Mr MJ Gardner – **Brook House, Main Avenue, Wyndham Park, Peterston-Super-Ely** – renewal of planning permission 04/00881/FUL for ground floor extension to provide additional bedroom and bathroom. Cowbridge Charter Trust – **Old Hall, Cowbridge** – maintenance and reinstatement works for the remaining length of wall between the gated entrance to the Health Centre and the Market Place Tavern. Mr Wadih Nasrallah – **rear of 14 Westbourne Road, Penarth** – demolition, rebuilding and alteration of existing Coach House to create new two storey one bedroom dwelling. Mr Philip Mathews – **The Old Rectory, St Mary Church, Cowbridge** – construction of single storey extension to form Orangery. Removal of three windows overbuilt by extension. Removal of glazed pair of doors to kitchen to be replaced with window. Mr F Coughlan, **23 White House, The Knap, Barry** – ground floor study extension to front of property, with associated alterations to roof of the property. Mr John Lean, **9 Kymyn Terrace, Penarth** – rear ground floor kitchen extension, plus conser-

vation rooflights to existing roof. Mr Alex Glanville, **15 Wick Road, Ewenny** – demolish existing garage with first floor accommodation over, provision of new chimney and dormer window to north (rear) elevation. Mr Mark Bailey, **The Old Vicarage, Church Road, Llanblethian** – renewal of previous approval for a swimming pool extension. Mr Ian Bancroft, **30 Wenove Terrace, Barry** – erection of garage to rear. Ms Thomas, **159 Plymouth Road, Penarth** – two-storey side extension, single storey rear extension and front balconies, plus additional pavement crossover. Mr Leighton, **64 Cornerswell Road, Penarth** – single storey extension to the rear of the house, incorporating internal alterations/improvements. Mr N Fox and Mr M Caplan-Hill, **The Italian Shelter, The Esplanade, Penarth** – variation of condition 3 of the application 2008/1447/FUL to allow the lower terrace to remain open for the consumption of food and drink until 10.30pm. Mr and Mrs Colin Ryland, **Larkhill, Westgate, Cowbridge** – alteration and extension of existing bungalow to provide additional

accommodation at first floor level, provision of new attached garage. Mr David Powell, **41 Tyle House Close, Llanmaes** – single storey extension to rear, alterations to kitchen and garage. Mr and Mrs B Brooks, **15 Enfield Drive, Hunters Ridge, Barry** – two-storey rear extension. Miss Amanda Mill, **9 St Donats Close, Dinas Powys** – single storey extension to form study. Mrs Julie Hart, **34 Tair Onen, St Hilary, Cowbridge** – single storey extension to rear and new ramped access. Mrs Christine Lewis, **Southgate Cottage, Holmesdale Place, Penarth** – minor alterations – rooflight removed and replaced with dormer window to match existing. Mr Roger Irving, **7 Maes Y Coed, Barry** – amendment to original conservatory design 2007/0094/FUL. Mr Howard Davies, **29 Broadway, Llanblethian** – removal of existing single garage and erection of double garage. Mr Clifford Edge, **St Iltuds Church, Church Lane, Llantwit Major** – repairs to Grade 2 listed bridge by the provision of a new handrail, new surface in resin bonded gravel, disabled access ramp. Mr Gregory Kingdon, **rear of 32 Barry Road,**

**Barry** – lawful development certificate for use of the garage as a one or two car repair facility. Mr David Illman, **The Scout Hall, Dyfan Road, Barry** – new scout hall. Mr B Walpole, **15 Bron Awelon, Barry** – new porch to side of dwelling, incorporating alterations to existing outside toilet. Remove side chimney stack and insert new side elevation window. Barbara Whitehouse, **field adjacent to Winchfield House, Craig Penllyn, near Cowbridge** – create a path (approx 784 metres long) around the perimeter of the Winchfield. Mr Phil James, **White Bungalow, Barry Road, Dinas Powys** – replacement dwelling and detached garage to rear. Tesco Stores, **57 Holton Road, Barry** – variation of condition 6 of application 2008/00365/FUL – to allow for deliveries, loading, unloading or servicing on Sundays and Bank Holidays between 7am-11pm, in addition to allowing deliveries between 7am-10pm from Monday to Saturday.



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## WIN A CHILD'S CAR SEAT WITH BRITAX AND THE GLAMORGAN GEM

BRITAX, a leading car seat manufacturer, has teamed up with The Glamorgan GEM, to offer you the chance to win a Britax AA KIDFIX seat worth £149.99.

As if that wasn't enough, next Monday through to Sunday (June 22-28), they will also be working alongside AA and Mothercare to offer

free safety checks for children's car seats.

Come along to Cardiff City Link from 10am, where the professional AA team will be offering expert advice and guidance on how to choose and fit the right car seat for your child.

Britax and the AA patrols will be offering demonstrations of the ISOFIX safety systems on Britax AA ISOFIX child car seats to show just how easy and safe

the ISOFIX system is.

ISOFIX is an international system, which offers the simplest, safest and quickest method of correct installation of a car seat, without using a seat belt.

The ISOFIX system reduces movement of the seat and limits rotation, giving parents the ultimate of peace of mind for their child's safety.

SAFEX plus and KIDFIX child car are built into the seat and clip directly to the ISOFIX system in the car.

For further information on Britax car seats and ISOFIX, visit

[www.britax.eu](http://www.britax.eu). For more information on the roadshow, please visit [www.theaa.com/britax-mothercare](http://www.theaa.com/britax-mothercare).

For your chance to win, answer the following question:

**On which days next week will the Britax event be taking place?**

Send your answers on a postcard, marked Britax Competition, to The Glamorgan GEM, Graig House, 53 Eastgate, Cowbridge, CF71 7EL, to arrive by Friday, June 26.

Normal terms and conditions apply and the judge's decision is final.

## WAMA fighters head for the Dublin World Championships



ABOVE:

Included in the picture with instructors Richard Owen and Chris Page are: Assistant Instructor Jenny Whinney, Rhys Harding, Zoe Peters, Alex Peters, Connor Bright, Morgan Jenkins, Jamie Jenkins, Connor Grant, and Hannah Harvey.

**STUDENTS of the Welsh Academy of Martial Arts qualified to represent Great Britain in the forthcoming World Karate and Kickboxing Council's World Championships which are taking place in Dublin in October this year.**

WAMA has produced world-class fighters for more than 20 years.

The results were as follows: **First place and Welsh title holders - semi contact section:** Connor Grant

(seven), a pupil at Holton Road Primary School; Morgan Jenkins (six) from Llanacade, who attends Ysgol Saint Curig; Connor Bright (eight) who attends Ysgol Saint Baruc; Hannah Harvey (12) from Barry who goes to Bryn Hafren Comprehensive School; Jenny Whinney (18) from Penarth.

**First place and Welsh Title Holders -**

**light contact section:**

Jamie Jenkins (four) from Llanacade, a pupil at Ysgol Saint Curig; Morgan Jenkins (six) from Llanacade, who attends Ysgol Saint Curig; Connor Bright (eight) attends Holton Road Primary School; Rhys Harding (11) from Barry a pupil at Ysgol Saint Baruc; Hannah Harvey 12 years of age from Barry; Alex Peters (14) from Barry,

a pupil at St Richard Gwyn Roman Catholic School; and Jenny Whinney (18) from Penarth.

**Silver and Bronze Medallists:** Jamie Jenkins, silver - semi contact; Connor Grant, silver light contact; Rhys Harding, silver - semi contact; Zoe Peters, silver - semi contact; Rhys (11) from Barry attends St Richard Gwyn Roman

Catholic School; Lauren Kelly, bronze - 13 years of age, from Barry attends St Richard Gwyn Roman Catholic School.

For further information, come along to Cadoxton Sports Hall on a Monday and Friday; Colcot Sports Centre on Thursday, - little ninjas: 6pm-7pm and seniors 7pm-8pm.

## AM asks: Why do more men than women pass their driving test?

**PLAID CYMRU regional AM Chris Franks has asked the Driving Standards Agency to explain why male learners have a higher pass rate than women L-drivers at almost every test centre in Wales, including Barry.**

Information supplied to the South Wales Central AM by the DSA reveals the all-Wales pass rate for men is 50.52 per cent - while it is 47.4 per

cent among women. The pass rate among women drivers from the Barry Test Centre was 46.1 per cent, compared to 51.5 per cent for men, during the year to March 31.

A total of 1,307 men were tested in Barry compared to 1,195 women.

The average pass rate for both men and women was 48.9 per cent - slightly up on the previous 12 months.

Mr Franks has now written to DSA chief executive Rosemary Thew seeking information on the discrepancies

between male and female pass rates and between different test centres in Wales.

He said: "I was surprised that the pass rate for men is higher than for women at almost every test centre in Wales including the Barry centre, so I've written to the DSA chief executive for an explanation."

"One of the many reasons could be that the vast majority of driving examiners in Wales are men, but we just don't know, so that's why I'm asking the question".

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## Road works in the Vale

**Dock View Road junction with Thompson Street, Barry** - ongoing temporary traffic signals. **Sully Road, between Penarth and Sully (near Ashgrove School)** - ongoing intermittent traffic control to allow construction of new access.

**High Street, Cowbridge (near Town Hall)** - narrow lanes in operation to allow improvements to bus stop.

**Gileston Road, St Athan** - temporary traffic signals near site of former Methodist church, to allow installation of new water main. **B4267 Lavernock Road, Penarth near Brockhill Rise** - inter-

mittent temporary off-peak traffic signals until July 15, for essential water works.

**A4055 Cardiff Road between Dinas Powys and Barry** - temporary traffic signals in operation over the next few weeks, while repairs are undertaken to a landslide. Motorists are advised to use an alternative route during peak hours.

**VICTORIAN FAYRE**  
Various roads in Llantwit Major Town Centre will be closed between 8am-6pm, on Saturday, June 20, for Victorian fayre to take place.

**Don't let a scratch on your car put a dent in your pocket!**

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- 06 06 Mini 1.6 Cooper Chili 2-dr Convertible. In metallic orange with half leather interior, CD, air con, alloy wheels, rear parking sensors, only 25,320 miles ..... £11,995
- 05 55 BMW 1 Series 2.0TD 118d Sport 5-dr Hatchback in sapphire black moire anthracite interior, cd, alloy wheels, a/c, only 39,160 miles ..... £10,995
- 04 04 Mini 1.6 Cooper Pepper 3-dr Hatchback. In chili red with half leather interior, rear spoiler, alloy wheels, air con, only 50,170 miles ..... £7,995
- 04 04 BMW 3 Series 2.0 318ci ES 2-dr Coupe in met silver grey with anthracite interior, a/c, alloys wheels, 1 previous owner, 61,315 miles ..... £7,995

## CONVERTIBLES

- 05 55 VW Beetle 2.0 2-dr Cabriolet In reflex silver with black leather interior, heated seats, air con, CD, alloy wheels, only 25,010 miles ..... £9,995
- 05 05 FORD Street ka 1.6 Luxury 2-dr Convertible in French met, blue with ebony black leather interior, air con, elec windows, front fogs, cd, only 17,050 miles ..... £6,495
- 03 03 FORD Street ka 1.6 Luxury 2-dr Convertible in street silver, black leather interior, heated seats, a/c, alloy wheels, only 69,700 miles ..... £4,495
- 02 02 PORSCHE Boxster S 3.2 2-dr Convertible in brilliant silver with black leather interior, 18inch sport design alloy wheels, wind deflector, heated seats, only 38,850 miles ..... £13,995
- 99 T MAZDA MX5 1.8i 2-dr Convertible 10th Anniversary Limited Edition. In metallic blue with blue/black interior, alloy wheels, CD, alarm, immobiliser, body coloured bumpers, only 42,422 miles ..... £4,995

## EXECUTIVE/SPORTS

- 05 05 BMW X5 3.0 Diesel Sport Automatic 5-Dr Station Wagon. In sterling grey with black leather interior, cruise control, aluminium side steps, tinted windows, automatic climate control, heated seats, 40,800 miles ..... £18,995
- 06 06 FORD Mondeo 2.0 Titanium X 5-dr Hatchback in stardust silver with half black leather interior, quick clear front screen, 18 inch alloy wheels, heated front seats, cd, only 21,445 miles ..... £7,995
- 55 55 TOYOTA Corolla 1.8 VVTi T Sport 3-Dr Manual Hatchback. In Red with sports seats and sports steering wheel, alloy wheels, front fogs, body kit, traction control, only 27,780 miles ..... £7,995
- 55 55 VOLVO S40 2.0 Diesel SE in amethyst with ivory leather interior, cd, alloy wheels, cruise control, sunroof, electric seats, only 34,255 miles ..... £9,995
- 04 54 TOYOTA Celica 1.8 VVTi Premium Coupe. In crystal silver with Montreal black leather interior, climate control, alloy wheels, immobiliser, deadlocks, alarm, CD, only 27,953 miles ..... £8,995
- 04 54 ROVER 75 Tourer 2.0 CDTi Connoisseur SE 5-dr Estate Automatic. In Cimarion Green with black leather interior, walnut dash and steering wheel, alloy wheels, rear parking sensors, only 48,180 miles ..... £6,995
- 04 04 SEAT Ibiza 1.9 TDI 130 FR 3-Dr Hatchback. In Flash Red with sport grid dark interior, alloy wheels, climate control, sports seats, traction control, CD, alarm, only 31,260 miles ..... £6,495
- 02 52 AUDI A4 SE 2.0 Petrol 4-dr Saloon Automatic. In Crystal Blue with phoenix cloth interior, parking sensors on front and rear, air con, CD, alloy wheels, electric windows, only 55,560 miles ..... £5,995

## ECONOMICAL SMALL CARS

- 08 57 FORD Ka 1.3 Zetec Climate 3-dr Hatchback. In apple green with Cascade indigo interior, climate control, alloy wheels, CD, body coloured bumpers, heated front screen, only 3,873 miles ..... £5,995
- 07 07 VAUXHALL Corsa 1.2i 16v SXi 3-dr hatchback in black sapphire with black interior, air con, alloy wheels, cdn colour coded bumpers, only 19,615 miles ..... £7,495
- 07 07 PEUGEOT 206 1.4 Look 3-dr Hatchback in aluminium silver with Madison graphite interior, air con, cd, electric front windows, only 9,120 miles ..... £6,495
- 07 07 RENAULT Clio 1.2 16v Extreme 3-dr Hatchback. In metallic black with dark interior, alloy wheels, CD, body coloured bumpers, front electric windows, only 19,005 miles ..... £6,495
- 07 07 FIAT Grande Punto 1.2 Active 5-dr Hatchback. In chemical gray with drop blue black interior, central locking, CD, immobiliser, body coloured bumpers, only 22,120 miles ..... £5,795
- 07 57 Chevrolet Matiz 1.0SE 5-dr Hatchback. In poly silver with blue interior, CD, air con, central locking, immobiliser, only 14,230 miles ..... £3,995
- 06 56 FORD Fiesta 1.25 Zetec Climate 3-dr Hatchback in tonic blue with lungsten/denim interior, air con, alloy wheels, quick clear screen, cd, front fogs, only 24,250 miles ..... £5,995
- 06 06 PEUGEOT 206 1.4 Verve 3-dr Hatchback. In onyx black with madison grey interior, air con, alloy wheels, CD, low insurance, only 14,545 miles ..... £5,995
- 06 06 RENAULT Clio 1.4 16v Dynamique 3-dr Hatchback. In odyssey blue with jacquard black interior, front fogs, alloy wheels, CD, only 35,870 miles ..... £5,995
- 06 56 PEUGEOT 107 1.0 12v Urban 3-dr Hatchback. In Raven black with black matrix interior, electric windows, CD, colour coded bumpers, only 16,465 miles ..... £5,995
- 06 06 SMART 700 Passion 3-dr Hatchback. 6-speed sequential gearbox in jet black with grey interior, air con, cd, alloy wheels, elec windows, only 11,235 miles ..... £6,495
- 05 05 NISSAN Micra 1.2 16v Urbis 5-dr Hatchback. In Grey with dark grey interior, rear parking sensors, CD, alloy wheels, only 12,215 miles ..... £4,995
- 04 04 RENAULT Clio 1.5dCi Dynamique 5-dr hatchback in Odyssey met blue with jacquard black interior, sunroof, alloy wheels, air con, alarm, cd, only 31,538 miles ..... £4,995
- 04 04 Vauxhall Corsa 1.2i 16V Life 3-dr Hatchback In star silver with orleans charcoal interior, central locking, CD, electric front windows, only 47,050 miles ..... £3,995
- 04 04 Ford Fiesta 1.25 Finesse 3-dr Hatchback in aquarius blue with intro midnight black interior, CD, body coloured bumpers, PAS, immobiliser, only 45,239 miles ..... £3,995
- 03 53 FORD Fiesta 1.4 TDCi Ghia 5-dr Hatchback in moon dust silver with bussac ebony interior, air con, cd, alloy wheels, colour coded, bumpers, only 43,745 miles, £35 a year road tax ..... £4,995
- 03 03 TOYOTA Yaris GS 1.0L Petrol 5-dr. In dark green, with grey interior, central locking, CD ..... £3,495
- 03 03 FORD Ka 1.3 Luxury 3-Dr Hatchback. In metallic black with light Cyprus leather interior, electric windows, quick clear front screen, alloy wheels, CD, air con, only 48,741 miles ..... £3,495
- 02 02 RENAULT Clio 1.4 16v Privilege 5-dr Hatchback. In Nordic green with vertigo grey interior, air con, 5 belted seats, body coloured bumpers, power steering, only 38,940 miles ..... £3,995
- 04 04 VAUXHALL Corsa 1.0 Life 3-dr Hatchback. In breeze blue with Orleans charcoal interior, CD, 5 belted seats, steering wheel audio mounted controls, only 56,321 miles ..... £3,495

## FAMILY SELECTION

- 06 56 VW Golf 1.9 TDI S 5-Dr Hatchback. In reflex silver with anthracite media interior, automatic air con, body coloured bumpers, CD, only 22,160 miles ..... £9,495
- 07 07 FORD Focus Zetec Climate 1.8 TDCi in moon dust silver with rack ebony interior, quick clear front screen, air con, alloy wheels, only 19,200 miles ..... £8,995
- 06 56 FORD Focus 1.6 Ghia 5-dr Hatchback Automatic. In aquarius blue with cubical ebony interior, air con, cruise control, quick clear screen, only 26,900 miles ..... £7,995
- 04 04 FORD Mondeo 1.8 Mistril 5-dr. In Tonic Blue with majestic ebony upholstery, air con, central locking, CD, alloy wheels, only 61,165 miles ..... £3,995
- 04 04 MG ZR+ 1.4 3-dr. In metallic grey with half leather interior, electric windows, air con, alloy wheels, CD, only 63,335 miles ..... £3,495



06 56 VW Golf 1.9 TDI S 5-Dr Hatchback. In reflex silver with anthracite media interior, automatic air con, body coloured bumpers, CD, only 22,160 miles ..... £9,495



05 55 VW Beetle 2.0 2-dr Cabriolet In reflex silver with black leather interior, heated seats, air con, CD, alloy wheels, 25,010 miles.....£9,995



04 54 TOYOTA Celica 1.8 VVTi Premium Coupe. In crystal silver with Montreal black leather interior, climate control, alloy wheels, immobiliser, deadlocks, alarm, CD, 27,953 miles.....£8,995



06 55 TOYOTA Corolla 1.8 VVTi T Sport 3-Dr Manual Hatchback. In Red with sports seats and sports steering wheel, alloy wheels, front fogs, body kit, traction control, only 27,780 miles ..... £7,995



07 07 PEUGEOT 206 1.4 Look 3-dr Hatchback in aluminium silver with Madison graphite interior, air con, cd, electric front windows, only 9,120 miles.....£6,495



03 53 FORD Fiesta 1.4 TDCi Ghia 5-dr Hatchback in moon dust silver with bussac ebony interior, air con, cd, alloy wheels, colour coded, bumpers, only 43,745 miles, £35 a year road tax.....£4,995



06 56 PEUGEOT 107 1.0 12v Urban 3-dr Hatchback. In Raven black with black matrix interior, electric windows, CD, colour coded bumpers, only 16,465 miles ..... £5,995



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54 BMW 530 SE Auto. Met silver, black leather trim, full specification executive saloon at ..... £9,995

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| 52 | BMW 318Ci Convertible In metallic blue with navy hood, 52,000 miles with multi cd, upgraded alloys | £8,995  |
| V  | MERCEDES SLK 230 Auto In silver with black leather, 60,000 miles with a/c, cd                      | £7,695  |
| 55 | SMART Roadster 90 Triptronic Auto. In smoke silver, 1 owner, 47,000 miles, fun convertible         | £5,995  |
| V  | BMW Z3 2.0 in met green with beige leather trim, 50,000 miles                                      | £5,495  |
| W  | BMW Z3 1.8 In topaz blue, with blue roof and leather trim, 63,000 miles, fantastic value at        | £5,495  |
| V  | MAZDA MX5 1.8. Met green with beige leather trim, 65,000 miles, host of extras                     | £4,995  |

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| 56 | LEXUS IS 250 SEL (New Shape) Automatic. In met. red with cream leather, 17,000 miles, 1 local owner                                       | £17,995                            |
| 56 | BMW 118 Diesel Sport In silver with charcoal trim, 27,000 miles, fsh                                                                      | £12,995                            |
| 04 | MERCEDES E320CDi Avantgarde Automatic. In tanzania with grey leather trim, 61,000 miles, Full panoramic roof, 1 owner, FSH, drives superb | <b>REDUCED BY £500 TO</b> £12,995  |
| 55 | MERCEDES C220 CDI SE Sport Coupe Auto. In smoke silver, 58,000 miles                                                                      | <b>REDUCED BY £1000 TO</b> £10,995 |
| 03 | AUDI TT 225. In black with black leather trim, 63,000 miles                                                                               | £10,495                            |
| 54 | BMW 530 SE Automatic In met silver with full black leather trim, full specification executive saloon at                                   | £9,995                             |
| 06 | JAGUAR X-Type 2.0 Diesel in light blue met with grey half-leather trim, 71,000 miles,                                                     | <b>REDUCED BY £1000 TO</b> £7,995  |
| 54 | MITSUBISHI Shogun Sport Warrior 2.5TD in met-silver with black leather trim, 30,000 miles                                                 | £7,995                             |
| 53 | MERCEDES C200 Kompressor Avant Garde Automatic. In met blue with grey leather trim, 20,000 miles                                          | £7,995                             |
| 53 | MINI COOPER S In met black, half leather, cruise control, 65,000 miles with a/c, pan-roof, superb example at                              | £7,995                             |
| 53 | JAGUAR S-Type 2.5 Auto SE. In seafrost with cream leather trim, multi cd, P/D/C, luxury motoring at                                       | £6,995                             |
| 02 | BMW 330 Sport. In silver with black leather trim, 64,000 miles, superb value at                                                           | £6,995                             |
| 53 | LAND ROVER 1.8 Freelander 1.8 Serengeti 5-Dr. In black, 57,000 miles, usual extras                                                        | <b>REDUCED BY £500 TO</b> £4,995   |
| 02 | ALFA ROMEO 147 1.6 T-Spark Lusso. In met. grey with grey leather, low miles                                                               | £3,695                             |
| 01 | FORD Maverick 3.0 Auto 5-Dr. In met. blue with black leather trim, 82,000 miles, 4x4 at                                                   | £3,495                             |

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| 56 | TOYOTA Aygo 1.0 VVTi 5-dr. Black, low mileage, local one owner car at                                                               | £6,495                            |
| 06 | PEUGEOT 206 1.4 Sport 3-dr. In black, 22,000 miles, one owner                                                                       | £6,495                            |
| 56 | RENAULT Clio 1.4 Dynamique 3-dr (new shape) in black, low mileage example at                                                        | £6,495                            |
| 55 | RENAULT Megane 1.5 Diesel Expression Automatic. In met silver, 37,000 miles                                                         | £6,495                            |
| 04 | TOYOTA Avensis 2.0 Diesel T-Spirit D-4D 5-dr in met silver champagne with black leather trim, 71,000 miles, top of the range diesel | <b>REDUCED BY £500 TO</b> £6,495  |
| 06 | NISSAN Micra 1.4 SVE Automatic. In met grey, 26,000 miles, one owner                                                                | <b>REDUCED BY £500 TO</b> £5,995  |
| 02 | VW Golf 1.9 GTDi 130 5-Dr. In silver, 51,000 miles with CD, air con etc.                                                            | £5,995                            |
| 06 | PEUGEOT 207 1.4S 3-dr in met grey, very desirable hatch at                                                                          | <b>REDUCED BY £500 TO</b> £5,495  |
| 55 | RENAULT Clio 1.2 Expression 5-dr in silver, 42,000 miles with cd, sunroof, etc                                                      | £4,995                            |
| 05 | RENAULT Clio 1.2 Extreme 4. In met. grey, 38,000 miles with CD, alloys, low insurance, sporty looks                                 | £4,995                            |
| 05 | SMART Four Four 1.5 Pulse 5-dr. In black, 33,000 miles, full glass roof, CD, etc.                                                   | £4,995                            |
| 05 | CITROEN C3 1.4 Desire In light met-blue, 34,000 miles, 1 local owner with CD                                                        | £4,995                            |
| 54 | VAUXHALL Corsa 1.3 CDTi Energy 3-dr in black, low mileage diesel at                                                                 | £4,995                            |
| 54 | FORD Mondeo 2.0 LX 5-dr Automatic. In pacific blue, 42,000 miles with cruise control, a/c, CD, etc.                                 | £4,995                            |
| 54 | MITSUBISHI Colt Diesel Equippe In seal grey, 42,000 miles, 2 owners                                                                 | £4,995                            |
| 03 | CITROEN C8 2.0 HDi SX 7 Seater In Jade metallic, 70,000 miles with electric sliding rear doors, A/C etc                             | £4,995                            |
| 54 | CITROEN Berlingo MultiSpace 1.9 Diesel Desire. In duchess blue metallic, 43,000 miles, 1 owner                                      | £4,795                            |
| 54 | SUZUKI 1.5 VVTi Ignis Sport. Silver, 50,000 miles, Recaro seats, alloys etc.                                                        | <b>REDUCED BY £300 TO</b> £4,695  |
| 52 | TOYOTA Yaris 1.5 T-Sport 3-dr in smoke silver, 41,000 miles, FSH, superb value at                                                   | £4,695                            |
| 02 | SMART Passion 600 Coupe Softouch Automatic. In silver and blue, low mileage, 1 lady owner                                           | £4,495                            |
| 05 | FORD Ka 1.3 Collection. In metallic grey, low mileage example with air con, cd etc.                                                 | £4,395                            |
| 54 | ROVER 45 1.6 Club SE In met. green with beige trim, 57,000 miles, a/c, cd                                                           | £3,495                            |
| 04 | SMART CAR Pulse. Red & black, black leather trim, 35,000 miles. full glass roof                                                     | <b>REDUCED BY £600 TO</b> £3,395  |
| 53 | RENAULT Clio 1.2 Expression 3-dr In Jade metallic, 53,000 miles, 1 owner with a/c, s/roof etc.                                      | £3,995                            |
| 03 | CITROEN Picasso 1.6 Desire. In silver, 54,000 miles, 1 local owner                                                                  | £3,995                            |
| 03 | VAUXHALL Corsa 1.2 SX 3-dr. In Black, 61,000 miles with CD, alloys etc.                                                             | £3,795                            |
| 03 | SEAT Ibiza 1.4S 3-dr. In Oyster metallic, 53,000 miles, with air con, CD, etc.                                                      | £3,795                            |
| 55 | FIAT Punto 1.2 Sunroof Special. In blue, very nice 1 owner example                                                                  | <b>REDUCED BY £600 TO</b> £3,695  |
| 03 | RENAULT Megane 1.6 Dynamique 5-Dr. In met. burgundy, 58,000 miles, family hatch at                                                  | £3,695                            |
| 04 | DAEWOO Kalos 145X 5-dr. Met blue, 17,000 miles, ideal family hatch, fantastic value                                                 | <b>REDUCED BY £200 TO</b> £3,495  |
| 05 | DAEWOO Lacetti SX 5-dr in silver, 26,000 miles, excellent example at                                                                | £3,495                            |
| 03 | RENAULT Megane 1.4 Dynamique 5-dr in met blue, stylish modern family hatch at                                                       | <b>REDUCED BY £200 TO</b> £3,295  |
| 03 | RENAULT Clio 1.2 Expression 16v. 3-dr in electric blue, low mileage local car at                                                    | <b>REDUCED BY £200 TO</b> £3,295  |
| 02 | PEUGEOT 206 1.1 LX 5-dr. In met grey, low mileage                                                                                   | £3,495                            |
| 02 | MG ZR 2.0 Diesel 3-dr in met burgundy, low mileage example at                                                                       | <b>REDUCED BY £300 TO</b> £2,995  |
| 55 | CHEVROLET Lacetti 1.4 SE 5-dr. In black, fantastic value at                                                                         | <b>REDUCED BY £500 TO</b> £2,995  |
| 04 | DAEWOO Matiz 800 Extra In red, low mileage, local car at with CD, alloys etc                                                        | £2,995                            |
| 53 | FIAT Punto 1.2 Active 3-dr. In met red, low mileage, low insurance                                                                  | <b>REDUCED BY £300 TO</b> £2,995  |
| 03 | FORD Ka 1.3i. In Blue, 30,000 miles, local car at                                                                                   | £2,995                            |
| Y  | PEUGEOT 206 Style 1.9 Diesel 5-dr. Jade met, 74,000 miles                                                                           | £2,995                            |
| 51 | NISSAN Micra 1.0 S 5-dr Automatic. In met-green, only 21,000 miles, 2 lady owners                                                   | <b>REDUCED BY £300 TO</b> £2,695  |
| 53 | MG 1.4 ZR 3-dr. In Bright metallic Green, 55,000 miles, low mileage                                                                 | <b>REDUCED BY £1000 TO</b> £2,495 |
| Y  | RENAULT Clio 1.4 Elize 5-dr. In red, high spec hatch at                                                                             | £2,495                            |
| Y  | FORD Fiesta 1.6 Freestyle 3-dr. In black, low mileage, local car at                                                                 | £2,495                            |

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Silver, 29,000 miles **£10,995**



### CITROEN C1

|                          |      |             |        |
|--------------------------|------|-------------|--------|
| 08 1.0i Rhythm 5dr       | Grey | 8,500miles  | £7,295 |
| 08 1.0i Rhythm 3dr Hatch | Red  | 15,000miles | £6,995 |
| 08 1.0i Rhythm           | Grey | 5,010miles  | £6,995 |
| 07 1.0i Rhythm 5dr Hatch | Red  | 34,161miles | £6,495 |
| 07 1.0i Vibe 3dr Hatch   | Red  | 13,000miles | £5,995 |
| 06 1.0i Vibe             | Red  | 19,600miles | £5,495 |
| 06 1.0i Vibe 3dr Hatch   | Red  | 17,609miles | £5,495 |

### CITROEN C2

|                            |       |             |        |
|----------------------------|-------|-------------|--------|
| 07 1.1i Design 3dr Hatch   | Black | 16,900miles | £6,495 |
| 56 1.6i 16v Code Sp Eds    | Black | 22,106miles | £7,495 |
| 56 1.6i 16v by LOEB Sp Eds | Red   | 20,700miles | £7,495 |

### CITROEN C3

|                                 |        |             |        |
|---------------------------------|--------|-------------|--------|
| 08 1.4i 16v Exclusive 5dr Hatch | Blue   | 995miles    | £8,995 |
| 08 1.4i Rhythm                  | Silver | 11,325miles | £7,995 |
| 56 1.1i Desire Special Edition  | Blue   | 19,522miles | £5,995 |
| 06 1.6i 16v VTR 5dr Hatch       | Red    | 13,749miles | £7,295 |
| 06 1.1i L 5dr Hatch             | Red    | 1,534miles  | £5,995 |
| 06 1.4i SX                      | Gold   | 44,150miles | £5,995 |
| 05 1.4i 16v Rhythm 5dr Hatch    | Silver | 30,497miles | £5,795 |
| 05 1.4i SX 5dr Auto Hatch       | Red    | 33,582miles | £5,995 |

### CITROEN C4

|                                    |       |             |         |
|------------------------------------|-------|-------------|---------|
| 09 1.6i 16v VTi VTR Plus 3dr Coupe | Red   | 10miles     | £10,995 |
| 08 1.6Hdi 16v VTR 5dr Diesel Hatch | Black | 10,113miles | £10,995 |
| 08 1.6i 16v Exclusive              | Blue  | 12,010miles | £9,995  |
| 07 1.6i 16v VTR Plus 3dr Coupe     | Black | 26,652miles | £7,995  |
| 06 1.6i 16v SX 5dr Hatch           | Black | 19,100miles | £6,995  |
| 06 1.6i 16v SX 5dr Hatch           | Beige | 13,520miles | £6,995  |
| 06 1.6i 16v VTR 3dr Coupe          | Grey  | 35,508miles | £6,495  |
| 06 1.6i 16v SX 5dr Auto Hatch      | Red   | 16,379miles | £6,495  |
| 06 1.6i 16v VTR 3dr Coupe          | Black | 33,969miles | £6,495  |

### CITROEN C4 PICASSO

|                                   |        |             |         |
|-----------------------------------|--------|-------------|---------|
| 08 1.6Hdi 16v VTR Plus Diesel Est | Red    | 15,789miles | £12,995 |
| 08 Grand 1.6 16v VTi VTR 5dr Est  | Silver | 2,500miles  | £12,995 |
| 07 Grand 2.0i 16v VTR             | Silver | 29,000miles | £10,995 |

### CITROEN C5

|                 |        |             |         |
|-----------------|--------|-------------|---------|
| 08 2.0 HDi VTR+ | Grey   | 12,973miles | £13,495 |
| 08 1.6 HDi VTR+ | Silver | 13,787miles | £12,995 |

### CITROEN BERLINGO MULTISPACE

|                                 |        |             |        |
|---------------------------------|--------|-------------|--------|
| 06 1.6 HDi Forte 5dr Diesel Est | Silver | 36,100miles | £6,995 |
| 06 1.4i Forte 5dr Estate        | Silver | 24,000miles | £5,995 |

### CITROEN XSARA PICASSO

|                                     |        |             |        |
|-------------------------------------|--------|-------------|--------|
| 08 1.6 HDi 92 VTX Diesel            | Silver | 18,000miles | £9,495 |
| 08 1.6 HDi 92 Desire Diesel Estate  | Grey   | 15,500miles | £9,495 |
| 08 1.6 HDi 92 Desire 5dr Diesel Est | Silver | 15,000miles | £9,495 |
| 56 1.6i 16v Desire Estate           | Silver | 18,544miles | £6,495 |
| 06 1.6 HDi 92 Exclusive             | Red    | 43,338miles | £6,995 |
| 05 2.0 HDi Exclusive                | Blue   | 28,813miles | £6,995 |
| 54 2.0i 16v Exclusive Auto          | Silver | 29,000miles | £6,495 |
| 03 1.8i 16v SX Estate               | Beige  | 51,500miles | £3,995 |

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| 05 BMW 116i 1.8 5dr Japan red ONLY 21,000 miles, FSH, stunning, 18" MVS alloys, pas, air con, CD, e/w, rlt, keycard                                                                                                                                                                                    | £9,495  |
| 07 Toyota Auris 1.8 VVTi TR M Sport 5dr in ixion blue met, ONLY 17,000 miles FSH. High spec, air con, electric windows, PAS, elm                                                                                                                                                                       | £9,395  |
| 07 Volkswagen Polo 1.4 5dr TDI 3dr silver met, ONLY 20,000 miles. ONLY £35 per year car tax! Alloys DIESEL, CD player, air con                                                                                                                                                                         | £8,620  |
| 06 Volkswagen Golf 1.9 TDI 3.5 5dr (alc) in silver met, ONLY 48,000 miles with FULL SERVICE HISTORY. Immaculate DIESEL, 5dr NEW SHAPE                                                                                                                                                                  | £7,995  |
| 04 Volkswagen Golf 2.0 GTD 140 PD (10th) in black met, full black leather, 2.0 DIESEL 140ps, climate, air con, electric windows, remote locking                                                                                                                                                        | £7,995  |
| 04 Volkswagen Touran 2.0 TDI SE (140) 7str/ 6spd in obsidian black, DIESEL 7 seater, STUNNING, air con, electric windows, mirrors, pas, rlt                                                                                                                                                            | £7,995  |
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| 06 Mercedes C200 CDI SE Classic silver met, DIESEL, automatic, climate a/c, elwindows, remote locking, computer                                                                                                                                                                                        | £7,200  |
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| 06 Renault Master 2.5 LHD35 TD (120) 3.5T LWB HT in pastel orange, NO VAT. Excellent condition 2.5 Turbo DIESEL CDTi 120 PS, ONLY 33,000 MILES                                                                                                                                                         | £5,995  |
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# GEM sport

## Cowbridge fall short in tense a contest



Cowbridge First XI.

**ANOTHER sunny and warm Saturday in June, after the deluge of the previous weekend, saw Aberdare CC visit the Athletic Field for the first time in Division Two after gaining promotion last season.**

It turned out to be a very even and exciting tussle. Aberdare won the toss and decided to bat, scoring 178-8 in 50 overs. Cowbridge replied with 177-9 in 50, falling agonisingly short of victory.

Batting first, Aberdare proceeded carefully, with the openers striking the occasional boundary, to 51 before the first wicket fell. It was Tom Merilaht's brand of leg spin that brought this

partnership to an end, and another useful partnership of 46 took the score to 97, when the second wicket fell to John Gilbert thanks to a superb stumping by Elliot Swallow.

He repeated the feat a little later off the same bowler to account for the wicket of Aberdare's top batsman in the 34th over when the score was 106 and the opening bat had scored his half-century.

Eventually, with strong running between the wickets and forceful batting, Aberdare reached 178 in their allocated overs. John Gilbert with his slow, canny bowling took 3-27 in 10 overs and Tom Merilaht took 3-42 in 12. Nick Davies bowled his marathon spell of 15 overs very economically, taking 2-44.

Needing 179 runs to win, the Cowbridge opening pair of Tom Merilaht and Elliot Swallow began fearfully. They struck 25 runs in the first three overs, but when the slow spinners took up the attack, the run rate dropped.

They put on 53 runs for the first wicket when Elliot fell for 14 to a smart caught and bowled. Ryan Taylor (six), not liking the slow bowling at all, soon followed him back to the pavilion.

This brought Mike Lloyd limping to the crease. He'd damaged his hamstring while fielding, with Elliot Swallow as his runner, but he did not last too long either, eventually out for six as well.

Adam Wood was the next batsmen and lasted much longer.

Unfortunately, the next wicket to fall was that of the skipper for 55 valuable runs when the score was 99.

The partnership between Adam and Nick Davies produced 51 runs taking the total to 150 when Adam was run out for 33 while trying to take a second run. It was a fine, direct hit that caused his downfall; with the TV replay showing he was just inches away from safety!

Fine, sensible batting by Nick Davies (31) took the score to 176, when he perished to a

fine catch on the boundary, tantalising close to a win. The other batsmen could not force the last few runs for victory, falling just two runs short.

However, thanks to both sides it was a fine, tense cricket match. In the final analysis no one deserved to lose and the battle was mullered over on the terrace with a beer after the game.

Thanks also to Julian Hitchcock of the Bear Hotel, who has sponsored the kit for this season, as displayed in the team photograph.

On Sunday the team travelled to St. Helens to play Swansea CC in the Welsh Cup. It is sufficient to report that the Firsts finished second.

Next week the First XI travel to Maesteg hoping to finish in a different position. The Seconds are at home and welcome your support.

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## MICHAEL FINDS HIMSELF ON THE ROAD TO WIMBLEDON!

**MICHAEL BARNETT, aged 14, of Llanblethian has won through the Road to Wimbledon under-14s tournament at Cowbridge Tennis Club to go forward to the county final**

Mike won through three rounds over the half term school break to meet his friend and team-mate Sean Boga Lake, from Llantrisant, in an exciting final watched by family and friends.

Both Mike and Sean will represent the club at the county final in July.

The club tournament was the first stage of the 'Road to Wimbledon Challenge.'

Players aged 14 and under from clubs throughout south Wales meet at the finals, where the winner will go on to play at the All England Lawn Tennis Club in a national final.

Good luck to Mike and Sean.

This term's junior coaching with LTA licensed coach Stephen

Richards is well under way.

For all junior enquiries please telephone Judith Hales on 01446 775626 or 078999 24730.

A newly formed ladder competition is about to kick off – thank you to Allan Duggan for helping Judith and Steve to set this up.

The ever successful Summer Camps will commence in the weeks beginning July 20, July 27, August 3, and August 10.

For further information contact Judith Hales.

## Rugby AGM is to put the focus on improving matters on the field

**THIS evening (Thursday June 18), Cowbridge RFC hold their AGM at the clubhouse.**

All members are asked to make every effort to attend this important meeting.

After this season, which could be described as mediocre at best, there needs to be a doubling of

effort by committee, players and members, and a focus on getting the playing side back on track.

The meeting will hopefully have positive news on that aspect and how members can work towards that aim.

Training, with an intensity rarely seen in the northern hemisphere, is due to restart in July.

With fitness levels sure to be

measured by how long players train without coughing, about 20 seconds last season, hopefully no player will be caught out by relaxing too much.

Excitements builds towards this weekend's Lions' first Test. You are invited to join us at the club for what should be a cracker; kick off 2pm.

RV/RK

## Good week for Cowbridge bowlers

**COWBRIDGE lady bowlers had another match cancelled because of the opposition – Bridgend Private couldn't raise a team.**

In their league match, at home to Barry Romilly, they had a good win by 88-21, winning on all three rinks, with Sue Flowers' rink of Helena Snelling, Thelma Jones and Shirley Wilkinson, winning by 40-2.

May Jones' rink of Glenys Davies, Diane Purnell and Pauline

McAllon, also won well 32-7.

Pat Davey's rink of Mary Thomas, Pat Houldsworth and Judy Springett, had the best game, just winning 16-12.

The men had a good week, winning both their matches well.

In the Munro Cup, away to Rhose, they won by 89-45, winning on three rinks with only Mike Bradley's rink losing by one shot 15-16.

Other rink scores: Dennis Snelling's rink won 32-4, Byron Richard's rink won 22-8 and Norman Wilkinson's

rink had a good win, 20-17.

In the league match, at home to St Albans, the men had an easy win by 126-30, with high scores on all four rinks.

Rink scores: Dennis

Snelling, 42-4; David Jones, 22-11; Byron Richards, 26-9; Norman Wilkinson, 36-6.

A good start to the league season with 14 points.

NJW

## Touch rugby tournament at Cowbridge RFC

**COWBRIDGE RFC is holding an inter-club touch rugby tournament on Saturday, June 27.**

Teams from the men's, ladies', youth and veteran divisions will battle it out in a round-robin format to be crowned the winners.

Playing will commence at 11am.

On the day there will also be a barbecue, raffle and Player of the Tournament Award.

Players' match fee proceeds to go to a chosen charity.

Come along to the club and watch it for yourself! The British and Irish Lions v South Africa game will be on in the clubhouse, 2pm KO.

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